



# New York State Education and Career Planning Resource Directory



**2009**

# Special thanks to

*Adolescent Services Resource Network*

*AmeriCorps*

*Baker Victory Services*

*Children's Village*

*City University of New York*

*College for Foster Care Youth Workgroup*

*Council of Family & Child Caring Agencies*

*Erie County Department of Social Services*

*Graham-Windham*

*MercyFirst*

*Northeast Parent and Child*

*New York City Administration for Children's Services - Office of Youth  
Development*

*New York State Office of Children and Family Services*

*Ontario County Department of Social Services*

*Schuylar Center for Analysis & Advocacy*

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## **Postsecondary Education with Career Planning Resources Glossary**

### ***BOCES***

Board of Cooperative Education Services participates in a partnership with the New York State Department of Education by providing programs where adults receive education, training and support services enabling them to enter or advance in the workplace. The continuing education program provides short-term career-related courses in many areas such as construction, health, culinary arts and computer technology. *BOCES Career and Technical Education* offers students an opportunity to attend training for one or two years.

Successful graduates can attain a Career and Technical Education Certificate or a Regents Diploma and a Technical Endorsement. The success rate is high; with 51 % of graduates going on to colleges or technical institutions with 42 % working in their field of study. <http://www.boces.org>

### ***EOP-Colleges with Universities in the SUNY System***

The State University of New York's Educational Opportunity Program (EOP) provides access, academic support, and financial aid to students who show promise for mastering college-level work, but who may otherwise not be admitted. Support services may include counseling, tutoring, modest financial, academic advisement aid and educational/skill building workshops. In addition, students may be required to attend a pre-freshman summer program prior to fall matriculation. Offered primarily to full-time students who are New York State residents, EOP accepts students who qualify, academically and economically, for the program. Since program inception, more than 55,000 students have graduated. <http://www.eop.com/>

### ***HESC***

The Higher Education Services Corporation administers financial assistance programs. HESC helps make the college funding process faster and easier for students, parents and administrators. HESC administers the New York State Tuition Assistance Program. <http://www.hesc.com>

### ***HEOP-Private Colleges and Universities***

The Higher Education Opportunity Program (HEOP) is an academic support program established by the State of New York in 1970. It enables motivated students who lack adequate preparation and financial resources for college attendance to pursue a college degree. To meet the specific need of its students, HEOP primarily provides testing, counseling, and tutoring. Academic advisement and financial assistance are also available. <http://heop.org/>

### ***AmeriCorps***

AmeriCorps provides opportunities for 75,000 Americans to give back in an intensive way to their communities and country each year. It consists of three main programs: AmeriCorps State and National, whose members serve with more than 2,900 national and local nonprofit and community groups; AmeriCorps VISTA, through which members serve full time fighting poverty; and AmeriCorps NCCC (National Civilian Community Corps), a team-based residential program for young adults 18-24 who carry out projects in public safety, the environment, youth development, and disaster relief and preparedness. AmeriCorps is a 10-month, full time residential program for men and women between the ages of 18 and 24. Full-time AmeriCorps members perform 1700 hours of service and upon completion earn an education award of \$4,725 that can be used to pay for college or to pay back qualified student loans. Full-time AmeriCorps members also receive a living allowance, health insurance, and if income eligible, child care. Part-time members perform 900 hours of service and upon completion earn an education award of \$2,363. Members also receive training and learn valuable life skills.

<http://www.americorps.gov>

### ***ONE-STOP CAREER CENTERS***

One-Stop Career Centers are designed to provide a full range of assistance to job seekers under one roof. Established under the Workforce Investment Act, the centers offer training referrals, career counseling, job listings, and similar employment-related services. Customers can visit a center in person or connect to the center's information through PC or kiosk remote access.

<http://www.careeronestop.org>

### ***EOC***

Educational Opportunity Center provides tuition-free services in Academic Programs, Adult Basic Education, and Vocational/Occupational Programs. EOCs assist with college entrance, GED preparation, enhanced literacy and/or math skills, career-related preparation, internships and job placement.

<http://www.ed.gov/programs/trioeoc/index.html>

### ***JOB CORPS***

Job Corps is a free education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training. Job Corps has been training young adults for meaningful careers since 1964. Job Corps is committed to offering all students a safe, drug-free environment where they can take advantage of the resources provided.

<http://www.dol.gov/dol/topic/training/jobcorps.htm>

### ***YOUTHBUILD***

YouthBuild is a youth and community development program that simultaneously addresses core issues facing low-income communities: housing, education, employment, crime prevention, and leadership development. In YouthBuild programs, low-income young people ages 16-24 work toward their GEDs or high school diplomas, learn job skills, earn a stipend, and serve their communities by building affordable housing, and transform their own lives.

<http://www.youthbuild.org>

### ***VESID***

Vocational and Educational Services for Individuals with Disabilities provides vocational counseling and rehabilitation services that result in successful employment outcomes for individuals with disabilities and their employers. Vocational Rehabilitation is a process that involves application for services, eligibility determination, vocational counseling, and the development of an Individualized Plan for Employment (IPE) to provide services leading to employment. For more general information about the services that VESID offers visit <http://www.vesid.nysed.gov/specialed/> and

<http://www.vesid.nysed.gov/specialed/publications/transition/students.htm>

### ***UNION APPRENTICESHIP***

Apprenticeships provide an opportunity to learn trades through classroom instruction and on-the-job training – while earning wages with benefits that come with being a member of a trade union. Every Apprenticeship program has different eligibility criteria. Usually youth must be 18 years old.

Apprenticeships may require a high school diploma, New York State valid driver's license, and a drug test.

<http://www.labor.state.ny.us/Apprenticeship/appindex.shtm>

## *Counties by Region*

| <i>Region 1<br/>BUFFALO</i>                                                                                                                       | <i>Region 2<br/>Rochester</i>                                                                                                                                | <i>Region 3<br/>Syracuse</i>                                                                                                                                                                                                                                 | <i>Region 4<br/>Albany</i>                                                                                                                                                                                                                                                                                                  | <i>Region 5<br/>Spring Valley</i>                                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Allegany</b><br><b>Cattaraugus</b><br><b>Chautauqua</b><br><b>Erie</b><br><b>Genesee</b><br><b>Niagara</b><br><b>Orleans</b><br><b>Wyoming</b> | <b>Chemung</b><br><b>Livingston</b><br><b>Monroe</b><br><b>Ontario</b><br><b>Schuyler</b><br><b>Seneca</b><br><b>Steuben</b><br><b>Wayne</b><br><b>Yates</b> | <b>Broome</b><br><b>Cayuga</b><br><b>Chenango</b><br><b>Cortland</b><br><b>Herkimer</b><br><b>Jefferson</b><br><b>Lewis</b><br><b>Madison</b><br><b>Onondaga</b><br><b>Oneida</b><br><b>Oswego</b><br><b>St. Lawrence</b><br><b>Tioga</b><br><b>Tompkins</b> | <b>Albany</b><br><b>Clinton</b><br><b>Columbia</b><br><b>Delaware</b><br><b>Essex</b><br><b>Franklin</b><br><b>Fulton</b><br><b>Greene</b><br><b>Hamilton</b><br><b>Montgomery</b><br><b>Otsego</b><br><b>Rensselaer</b><br><b>Saratoga</b><br><b>Schenectady</b><br><b>Schoharie</b><br><b>Warren</b><br><b>Washington</b> | <b>Dutchess</b><br><b>Nassau</b><br><b>Orange</b><br><b>Putnam</b><br><b>Rockland</b><br><b>Suffolk</b><br><b>Sullivan</b><br><b>Ulster</b><br><b>Westchester</b> |

## Regional Resources

### *Region 1 (Buffalo) Resources*

| <b>BOCES</b>                                                                                                                                                                                                        |                                                                                                                                                                  |
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| Erie 1<br>355 Harlem Rd.<br>West Seneca, NY 14224<br>(716) 821-7000<br><a href="http://www.e1b.org">www.e1b.org</a>                                                                                                 | Genesee Valley<br>80 Munson St.<br>Le Roy, NY 14482<br>(585) 344-7900<br><a href="http://www.gvboces.org">www.gvboces.org</a>                                    |
| Erie 2<br>8685 Erie Road<br>Angola, NY 14006<br><a href="http://www.e2ccb.org">www.e2ccb.org</a>                                                                                                                    | Orleans/Niagara<br>4232 Shelby Basin Road<br>Medina, NY 14103<br>(800) 836-7510<br><a href="http://www.onboces.org">www.onboces.org</a>                          |
| Cattaraugus-Allegany-Erie-Wyoming<br>1825 Windfall Road<br>Olean, NY 14760<br>(716) 376-8200<br><a href="http://www.caboces.org">www.caboces.org</a>                                                                |                                                                                                                                                                  |
| <b>Two Year Colleges with EOP</b>                                                                                                                                                                                   |                                                                                                                                                                  |
| Erie Community College<br>121 Ellicott Street<br>Buffalo, New York 14203<br>Independence Bound Program<br>Contact: Taneka Jackson<br>(716) 851-1030.<br>EOP Office (716) 851-1174<br>Admissions (716) 851-1ECC      | Genesee Community College<br>EOP Office<br>1 College Road<br>Batavia, New York, 14020<br>Phone (716) 343-0055 x 6521<br>Admissions (866) CALL-GCC                |
| <b>Four Year Colleges with EOP</b>                                                                                                                                                                                  |                                                                                                                                                                  |
| SUNY Buffalo<br>Center Academic Development Services<br>EOP Office<br>208A Norton Hall<br>Buffalo, NY 14260<br>EOP: Office: (716) 645.3072<br><a href="http://www.eop.buffalo.edu/">http://www.eop.buffalo.edu/</a> | SUNY College of Ceramics at Alfred<br>EOP Office<br>115 Myers Hall<br>Alfred, NY 14802<br>EOP: (607) 871-2283<br>ADM: (800) 541-9229                             |
| SUNY Fredonia<br>E284 Thompson Hall<br>Fredonia, NY 14063<br>(716) 673-3317                                                                                                                                         | SUNY College of Technology at Alfred<br>Student Development Center<br>Learning Assistance College<br>Alfred, NY 14802<br>EOP:(607) 587-4122<br>ADM (800) 4ALFRED |
| Buffalo State College<br>Twin Rise South Wing 710<br>1300 Elmwood Avenue<br>Buffalo, NY 14222<br>Office: (716) 878-4225                                                                                             |                                                                                                                                                                  |

## Region 1 (Buffalo) Resources Continued

| <b>New York State Private Colleges with HEOP</b>                                                                      |                                                                                                                                          |
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| <p>Canisius College<br/>2001 Main Street<br/>Buffalo, NY 14208<br/>EOP: (716) (888) 2575<br/>ADM:(800) 843-1517</p>   | <p>Trocaire College<br/>360 Choate Avenue<br/>Buffalo, NY 14220<br/>EOP: (716) 827-2476<br/>ADM: (716) 828.6107</p>                      |
| <p>Daemen College<br/>4380 Main Street<br/>Amherst, NY 14226<br/>EOP:(716) 839-8249<br/>ADM: (800) 462-7652</p>       | <p>Villa Maria Coll. Of Buffalo<br/>240 Pine Ridge Road<br/>Buffalo, NY 14225<br/>EOP: (716) 961-1853<br/>ADM: (716) 961-1805</p>        |
| <p>D'Youville College<br/>320 Porter Avenue<br/>Buffalo, NY 14201<br/>EOP: (716) 881-7775<br/>ADM: (800) 777-3921</p> | <p>St. Bonaventure University<br/>3261 West State Road<br/>St. Bonaventure, NY 17778<br/>EOP: (716) 375-2402<br/>ADM: (800) 462-5050</p> |
| <p>Niagara University<br/>PO Box 1916<br/>Niagara, NY 14109<br/>EOP: (716) 286-8068<br/>ADM: (800) 462-2111</p>       |                                                                                                                                          |

| <b>Colleges without HEOP</b>                                                                                                                                                                |                                                                                                                                                                                  |
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| <p>Houghton College<br/>One Willard Avenue<br/>Houghton, NY 14744<br/>(800) 777-2556<br/><a href="http://www.houghton.edu">www.houghton.edu</a></p>                                         | <p>Medaille College<br/>18 Agassiz Circle<br/>Buffalo, NY 14214<br/>(716) 880-2000 or (800) 292-1582<br/><a href="http://www.medaille.edu/">http://www.medaille.edu/</a></p>     |
| <p>Jamestown Community College<br/>Cattaraugus County Campus<br/>260 North Union Street<br/>Olean, NY 14760<br/>(716) 376-7501<br/><a href="http://www.sunyjcc.edu">www.sunyjcc.edu</a></p> | <p>Niagara Community College<br/>3111 Saunders Settlement Road<br/>Sanborn, NY 14132<br/>(716) 614-6200<br/><a href="http://www.niagracc.suny.edu">www.niagracc.suny.edu</a></p> |
| <p>Jamestown Community College<br/>525 Falconer Street<br/>Jamestown, NY 14702<br/>(800) 388-9776<br/><a href="http://www.sunyjcc.edu">www.sunyjcc.edu</a></p>                              |                                                                                                                                                                                  |

## Region 1 (Buffalo) Resources Continued

| <b>Career Planning</b>                                                                                                                                                                  |                                                                                                                                                                                      |
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| <b><i>Educational Opportunity Centers</i></b>                                                                                                                                           |                                                                                                                                                                                      |
| Buffalo Educational Opportunity Center<br>465 Washington Street<br>Buffalo, NY 14203-1707<br>(716) 849-6727 ext. 500<br>www.eoc.buffalo.edu                                             |                                                                                                                                                                                      |
| <b><i>One-Stop Career Centers</i></b>                                                                                                                                                   |                                                                                                                                                                                      |
| Allegany County Employment and Training Center<br>7 Wells Lane<br>Belmont, NY 14813<br>(585) 268-9237<br>www.alleganyco.com                                                             | Williamsville One-Stop Center<br>4175 Transit Road<br>Transitown Plaza<br>Williamsville, NY 14221<br>(716) 634-9081                                                                  |
| Cattaraugus One Stop<br>175 North Union Street<br>Olean, NY 14760<br>(716) 373-1880<br>www.co.cattaraugus.ny.us/one_stop/index.asp                                                      | Genesee County Career Center<br>587 East Main Street<br>Suite 100, Eastown Plaza<br>Batavia, NY 14020<br>(585) 344-2042<br>www.co.genesee.ny.us/dpt/jobdevelopment                   |
| Chautauqua Works<br>323 Central Avenue<br>Dunkirk, NY 14048<br>(716) 366-9015<br>www.chautauquaworks.com                                                                                | Trott ACCESS Center<br>Niagara County Employment and Training<br>1001 Eleventh Street<br>Niagara Falls, NY 14301<br>(716) 278-8108                                                   |
| Jamestown One-Stop<br>29 E. 3 <sup>rd</sup> Street<br>Jamestown, NY 14701<br>(716) 661-9553<br>www.chautauquaworks.com                                                                  | Lockport Workforce One Center<br>81 Walnut Street<br>Lockport, NY 14094<br>(716) 433-6766                                                                                            |
| BETC- Buffalo Employment and Training Center<br>77 Goodell Street<br>Buffalo, NY 14203<br>(716) 856-5627<br>www.workforcebuffalo.org                                                    | Orleans Center for Workforce Development<br>458 West Avenue<br>Albion, NY 14411<br>(585) 589-5335                                                                                    |
| Erie Community College One-Stop Center<br>3176 Abbott Road<br>Orchard Park, NY 14127<br>(716) 825-2525<br>www.econestop.org                                                             | Warsaw One Stop<br>448 North Main Street<br>Warsaw, NY 14569<br>(585) 786- 3145                                                                                                      |
| <b><i>Job Corps</i></b>                                                                                                                                                                 |                                                                                                                                                                                      |
| Cassadaga Job Corps Center<br>8115 Glasgow Road<br>Cassadaga, NY 14718<br>(716) 595-4200<br><a href="http://jobcorps.dol.gov/centers/NY.htm">http://jobcorps.dol.gov/centers/NY.htm</a> | Iroquois Job Corps Center<br>11780 Tibbets Road<br>Medina, NY 14103<br>(585) 798-7000<br><a href="http://jobcorps.dol.gov/centers/NY.htm">http://jobcorps.dol.gov/centers/NY.htm</a> |

## Region 1 (Buffalo) Resources Continued

| <b>Career Planning Continued</b>                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                       |
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| <b>YouthBuild</b>                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                       |
| <p>West Seneca Youthbuild<br/>2001 Union Road<br/>West Seneca, NY 14224<br/>(716) 913-2938<br/><a href="http://www.wnyamericorps.org/">http://www.wnyamericorps.org/</a></p>                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                       |
| <b>OTHER<br/>AmeriCorps</b>                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                       |
| <p>Cattaraugus County Youth Bureau<br/><i>Start – Southern Tier AmeriCorps Resource Team</i><br/>Ms. Susan Putt, Program Director<br/>200 Erie Street<br/>Little Valley, NY 14755<br/>Phone: (716) 938-2624</p>                                                                                                                                                       | <p>West Seneca Youth Bureau<br/><i>AmeriCorps Builds Lives through Education (ABLE)</i><br/>Mr. Joshua Randle, Program Director<br/>2001 Union Road<br/>West Seneca, NY 14224<br/>Phone: (716) 558-3335<br/>FAX: (716) 675-2055<br/>Email: <a href="mailto:jrandle@wsyb.org">jrandle@wsyb.org</a></p> |
| <p>Erie Regional Housing Development Corporation, Inc. – The Belle Center<br/><i>Buffalo LeaderShape AmeriCorps</i><br/>Mr. Nestor Hernandez, Executive Director<br/>104 Maryland Street<br/>Buffalo, NY 14201<br/>Phone: (716) 845-0485 x 11<br/>FAX: (716) 845-0486<br/>Email: <a href="mailto:nhernandez@thebellecenter.org">nhernandez@thebellecenter.org</a></p> | <p>West Seneca Youth Bureau<br/>Western New York Service Corps<br/>Mr. Michael Demma, Program Director<br/>2001 Union Road<br/>West Seneca, NY 14224<br/>Phone: (716) 558-3316<br/>FAX: (716) 675-2055<br/>Email: <a href="mailto:memma@wsyb.org">memma@wsyb.org</a></p>                              |
| <p>Genesee County Youth Bureau<br/><i>Genesee County AmeriCorps</i><br/>Kathy Frank, Program Director<br/>3837 West Main Road<br/>Batavia, NY 14020-9404<br/>Phone: (585) 344-3960<br/>FAX: (585) 345-3063<br/>Email: <a href="mailto:kfrank@co.genesee.ny.us">kfrank@co.genesee.ny.us</a></p>                                                                        |                                                                                                                                                                                                                                                                                                       |

**Region 1 (Buffalo) Resources Continued**

| <b><i>Apprenticeship</i></b>                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <p>New York State Department of Labor<br/>                     Apprenticeship Field Office<br/>                     (Allegany, Cattaraugus, Chautauqua, Erie,<br/>                     Niagara)<br/>                     290 Main Street, Room 213<br/>                     Buffalo, NY 14202<br/>                     (716) 851-2726<br/>                     Dan Coveny<br/>                     Liz deVasquez<br/>                     Marcia Johnson</p> | <p>New York State Department of Labor<br/>                     Apprenticeship Field Office<br/>                     Frank Besser<br/>                     Cary Cyrkin<br/>                     Steve DeRenzo<br/>                     276 Waring Road<br/>                     Rochester, New York 14609<br/>                     (Genesee, Livingston, Monroe, Ontario,<br/>                     Orleans, Seneca, Wayne, Wyoming, Yates)<br/>                     (585) 258-8885</p> |

| <b>VESID</b>                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Buffalo Regional<br/>                     508 Main St.<br/>                     Buffalo, NY 14202<br/>                     (716) 848-8105<br/> <a href="mailto:VESIDbuff@mail.nysed.gov">VESIDbuff@mail.nysed.gov</a><br/>                     Serving: Allegany, Cattaraugus, Chautauqua,<br/>                     Erie, Genesee, Niagara, Orleans, Wyoming</p> | <p>Geneseo Satellite<br/>                     6 Court St. RM. 107<br/>                     Geneseo, NY 14454<br/>                     (585) 238-2973</p> |

## Region 2 (Rochester) Resources

| <b>BOCES</b>                                                                                                                                                                      |                                                                                                                                                      |
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| Greater Southern Tier (Schuyler, Steuben, Chemung)<br>9579 Vocational Drive<br>Painted Post, NY 14870<br>(607) 739-3581<br><a href="http://www.gstboces.org">www.gstboces.org</a> | Monroe 1<br>41 O' Connor Road<br>Fairport, N.Y., 14450<br>(585) 383-2200<br><a href="http://www.monroe.edu">www.monroe.edu</a>                       |
| Wayne-Finger Lakes<br>131 Drumlin Court<br>Newark, NY 14513<br>(315) 332-7400<br><a href="http://www.wflboces.org">www.wflboces.org</a>                                           | Monroe 2-Orleans<br>3599 Big Ridge Road<br>Spencerport, NY 14559<br>(585) 352-2400<br><a href="http://www.monroe2boces.org">www.monroe2boces.org</a> |

| <b>SUNY Two Year Colleges with EOP</b>                                                                                                                                                                                                              |                                                                                                                                                                                            |
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| Monroe Community College<br>1000 East Henrietta Road<br>P.O. Box 9720<br>Rochester, NY 14623<br>EOP: (585) 292.2365<br>ADM: (585) 395-2751<br><a href="http://www.monroecc.edu/depts/eop/apply.htm">http://www.monroecc.edu/depts/eop/apply.htm</a> | Finger Lakes Community College<br>4355 Lake Shore Drive<br>Canandaigua, NY 14424<br>(716) 394-3500<br>ADM: (585) 394-3500 x 7278<br><a href="mailto:smithba@flcc.edu">smithba@flcc.edu</a> |

| <b>Four Year Colleges with EOP</b>                                                                                |                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| SUNY Geneseo<br>EOP Office, 1 College Circle<br>Geneseo, NY 14454<br>EOP: (716) 245-5725<br>ADM:1- (866) 245-5211 | SUNY Brockport<br>G22 Rakov Center<br>Brockport, NY 14420<br>EOP: (716) 395-2547<br>ADM: (585) 395-2751 |

| <b>New York State Private Colleges with HEOP</b>                                                                                 |                                                                                                                               |
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| Nazareth College<br>4245 East Ave<br>Rochester, NY 14618<br>HEOP: (585) 389-2510<br>ADM: (800) 462-3944                          | University of Rochester<br>252 Elmwood Avenue<br>Rochester, NY 14627<br>HEOP:(585) 275-0651<br>ADM: (888) 822-2256            |
| Rochester Institute Of Technology<br>One Lomb Memorial Dr.<br>Rochester, NY 14623<br>HEOP: (585) 475-2221<br>ADM: (585) 475-6700 | Hobart and William Smith Colleges<br>629 South Main Street<br>Geneva, NY 14456<br>HEOP: (315) 781-3622<br>ADM: (800) 852-2256 |
| St. John Fisher College<br>3690 East Ave<br>Rochester, NY 14618<br>HEOP:(585) 385-8036<br>ADM: (800) 444-4640                    |                                                                                                                               |

## Region 2 (Rochester) Resources Continued

| <b>Colleges without HEOP</b>                                                                                                                                                                                            |                                                                                                                                                                              |
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| <p>Elmira College<br/>One Park Place<br/>Elmira, NY 14901<br/>(800) 935-6472<br/><a href="http://www.elmira.edu/">http://www.elmira.edu/</a></p>                                                                        | <p>Keuka College<br/>141 Central Avenue<br/>Keuka Park, NY 14478<br/>(315) 279-5202<br/><a href="http://www.keuka.edu/">http://www.keuka.edu/</a></p>                        |
| <p>Roberts Wesleyan College<br/>2301 Westside Drive<br/>Rochester, NY 14624<br/>(800) 777-4RWC<br/><a href="http://www.roberts.edu/">http://www.roberts.edu/</a></p>                                                    |                                                                                                                                                                              |
| <b>Career Planning</b>                                                                                                                                                                                                  |                                                                                                                                                                              |
| <b><i>Educational Opportunity Centers</i></b>                                                                                                                                                                           |                                                                                                                                                                              |
| <p>Rochester Educational Opportunity Center<br/>305 Andrew Street<br/>Rochester, NY 14608<br/>(582) 232-2730<br/><a href="http://www.reoc.brockport.edu">www.reoc.brockport.edu</a></p>                                 |                                                                                                                                                                              |
| <b><i>One-Stop Career Centers</i></b>                                                                                                                                                                                   |                                                                                                                                                                              |
| <p>Elmira Career Center<br/>Chemung/Schuyler/Steuben Workforce<br/>Development<br/>318 Madison Avenue<br/>Elmira, NY 14901<br/>(607) 733-7131<br/><a href="http://www.csswfnny.com">www.csswfnny.com</a></p>            | <p>Finger Lakes Works – Seneca<br/>1 DiPronio Drive<br/>Waterloo, NY 13165<br/>(315) 539-1905<br/><a href="http://www.fingerlakesworks.com">www.fingerlakesworks.com</a></p> |
| <p>Livingston County Office of Workforce<br/>Development<br/>6 Court Street, Room 105<br/>Geneseo, NY 14454<br/>(585) 243-7047<br/><a href="http://www.co.livingston.state.ny.us">www.co.livingston.state.ny.us</a></p> | <p>Corning Career Center<br/>20 Denison Parkway West<br/>Corning, NY 14830<br/>(607) 937-8337<br/><a href="http://www.csswfnny.com">www.csswfnny.com</a></p>                 |
| <p>Rochester Works! Career Center<br/>255 North Goodman Street<br/>Rochester, NY 14607<br/>(585) 258-3500<br/><a href="http://www.rochesterworks.org">www.rochesterworks.org</a></p>                                    | <p>Hornell Career Center<br/>107 Broadway<br/>Hornell, NY 14843<br/>(607) 324-8388<br/><a href="http://www.csswfnny.com">www.csswfnny.com</a></p>                            |
| <p>Rochester Works! Career Center<br/>276 Waring Road<br/>Rochester, NY 14609<br/>(585) 266-7760<br/><a href="http://www.rochesterworks.org">www.rochesterworks.org</a></p>                                             | <p>Bath Career Center<br/>117 East Steuben Street<br/>Bath, NY 14810<br/>(607) 776-7712<br/><a href="http://www.csswfnny.com">www.csswfnny.com</a></p>                       |

## Region 2 (Rochester) Resources Continued

| <b>One-Stop Career Centers Continued</b>                                                                                                                                                                                                                       |                                                                                                                                                                                                                       |
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| Finger Lakes Works – Geneva<br>70 Elizabeth Blackwell Street<br>Geneva, NY 14456<br>(315) 789-1771<br><a href="http://www.fingerlakesworks.com">www.fingerlakesworks.com</a>                                                                                   | Finger Lakes Works Career Center- Wayne County<br>1519 Nye Road<br>Lyons, NY 14489<br>(315) 946-7270<br><a href="http://www.fingerlakesworks.com">www.fingerlakesworks.com</a>                                        |
| Finger Lakes Works – Ontario<br>3010 County Complex Drive<br>Canandaigua, NY 14424<br>(585) 396-4020<br><a href="http://www.fingerlakesworks.com">www.fingerlakesworks.com</a>                                                                                 | Finger Lakes Works – Yates<br>417 Liberty Street, Suite 2021<br>Penn Yan, NY 14527<br>(315) 536-5140<br><a href="http://www.fingerlakesworks.com">www.fingerlakesworks.com</a>                                        |
| Montour Falls Career Center<br>Chemung/Schuyler/Steuben Workforce Development<br>323 Owego Street<br>Montour Falls, NY 14865<br>(607) 535-6840<br><a href="http://www.csswfnny.com">www.csswfnny.com</a>                                                       |                                                                                                                                                                                                                       |
| <b>Job Corps</b>                                                                                                                                                                                                                                               |                                                                                                                                                                                                                       |
| None in Region                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                       |
| <b>Youth Build</b>                                                                                                                                                                                                                                             |                                                                                                                                                                                                                       |
| Urban League of Rochester, NY<br>265 N. Clinton Avenue<br>Rochester, NY 14605<br>(585) 325-6530ext. 3046<br><a href="http://www.ulr.org/YouthBuild.htm">http://www.ulr.org/YouthBuild.htm</a>                                                                  |                                                                                                                                                                                                                       |
| <b>Other<br/>AmeriCorps</b>                                                                                                                                                                                                                                    |                                                                                                                                                                                                                       |
| The Academy for Career Development<br><i>HelpTech AmeriCorps</i><br>Mr. John J. DeCamilla, Jr., Program Director<br>1349 South Avenue<br>Rochester, NY 14620<br>(585) 244-1430<br>e-mail address: <a href="mailto:info@acdcareers.org">info@acdcareers.org</a> | Monroe Community College<br><i>Rochester AmeriCorps</i><br>Ms. Marilyn Rosché, Program Director<br>228 East Main Street -- Room 4081<br>Rochester, NY 14604<br>Phone: (585) 262-1778                                  |
| The Academy for Career Development<br><i>Next Steps</i><br>Mr. John J. DeCamilla, Jr., Program Director<br>1349 South Avenue<br>Rochester, NY 14620<br>(585) 244-1430<br>e-mail address: <a href="mailto:info@acdcareers.org">info@acdcareers.org</a>          | Wayne County Action Program, Inc.<br><i>AmeriCorps Mentoring and Peer Services</i><br>Ms. Laura Burghdorf, Program Director<br>Family Education Center<br>28 Canal Street<br>Lyons, NY 14489<br>Phone: (315) 946-7530 |

**Region 2 (Rochester) Resources Continued**

| <b>Other<br/>AmeriCorps Continued</b>                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>The Institute for Human Services, Inc.<br/> <i>AmeriCorps Kids First Initiative</i><br/>                     Mr. Michael Mann, Program Director<br/>                     6666 County Road 11<br/>                     Bath, NY 14810-7722<br/>                     Phone: (607) 776-9467 x-216</p>                                                                                                                                                                       | <p>Legal Assistance of Western New York<br/> <i>Access to Justice AmeriCorps Program</i><br/>                     Mr. Thomas S. Dubel, Program Director<br/>                     Chemung County Neighborhood Legal Services<br/>                     215 E. Church Street, Suite 301<br/>                     Elmira, NY 14901<br/>                     Phone: (607) 734-1647<br/>                     FAX: (607) 734-1018<br/>                     Email: <a href="mailto:ccnls@stny.rr.com">ccnls@stny.rr.com</a></p> |
| <b>Apprenticeship</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p>New York State Department of Labor<br/>                     Apprenticeship Field Office<br/>                     Leo Kane<br/>                     Glendale Technology Park<br/>                     2001 Perimeter Road East, Suite 3<br/>                     Endicott, New York 13760<br/>                     (Broome, Chemung, Chenango, Delaware,<br/>                     Otsego, Schuyler, Steuben, Tioga, Tompkins)<br/>                     (607) 741-4577</p> | <p>New York State Department of Labor<br/>                     Apprenticeship Field Office<br/>                     Frank Besser<br/>                     Cary Cyrkin<br/>                     Steve DeRenzo<br/>                     276 Waring Road<br/>                     Rochester, New York 14609<br/>                     (Genesee, Livingston, Monroe, Ontario,<br/>                     Orleans, Seneca, Wayne, Wyoming, Yates)<br/>                     (585) 258-8885</p>                                   |

| <b>VESID</b>                                                                                                                                                                                                                                                    |                                                                                                                                                               |
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| <p>Rochester<br/>                     109 S. Union Street<br/>                     Rochester, NY 14607<br/>                     (585) 238-2900<br/>                     Serving: Livingston, Monroe, Ontario, Seneca,<br/>                     Wayne, Yates</p> | <p>Geneva Satellite<br/>                     70 Elizabeth Blackwell St.<br/>                     Geneva, NY 14456<br/>                     (315) 789-0191</p> |
| <p>Southern Tier Elmira<br/>                     609 East Church St.<br/>                     Elmira, NY 14901<br/>                     (607) 734-5294<br/>                     Serving: Chemung, Schuyler, Steuben,<br/>                     Tompkins</p>      |                                                                                                                                                               |

### Region 3 (Syracuse) Resources

| <b>BOCES</b>                                                                                                                                                                  |                                                                                                                                                                 |
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| Broome-Tioga<br>435 Glenwood Road<br>Binghamton, NY 13905<br>(607) 766-3803<br><a href="http://www.btboces.org">www.btboces.org</a>                                           | Herkimer-Fulton-Hamilton-Otsego<br>352 Gros Blvd.<br>Herkimer, NY 13350<br>(315) 867-2000<br><a href="http://www.herkimer-boces.org">www.herkimer-boces.org</a> |
| Cayuga-Onondaga<br>1879 West Genessee St.<br>Auburn, NY 13021<br>(315) 253-0361<br><a href="http://www.cayboces.org">www.cayboces.org</a>                                     | Onondaga-Cortland-Madison<br>6820 Thompson Road P.O. Box 4754<br>Syracuse, NY 13221<br>(315) 433-2600<br><a href="http://www.ocmboces.org">www.ocmboces.org</a> |
| Delaware-Chenango-Madison-Otsego<br>6678 Country Road<br>Norwich, NY 13815<br>(607) 335-1200<br><a href="http://www.dcmoboces.org">www.dcmoboces.org</a>                      | Oswego County<br>179 County Route 64<br>Mexico, NY 13114<br>(315) 963-4251<br><a href="http://www.oswegoboces.org">www.oswegoboces.org</a>                      |
| Jefferson-Lewis<br>20104 State Route 3<br>Watertown, NY 13601<br><a href="http://www.boces.com">www.boces.com</a>                                                             | St. Lawrence-Lewis<br>PO Box 231 139 State Street Rd.<br>Canton, NY 13617<br>(315) 386-4504<br><a href="http://www.sllboces.org">www.sllboces.org</a>           |
| Madison-Oneida<br>4937 Spring Road PO Box 168<br>Verona, NY 13478<br>(315) 361-5500<br><a href="http://www.moboces.org">www.moboces.org</a>                                   | Tompkins-Seneca-Tioga<br>555 Warren Road<br>Ithaca, NY 14850<br>(607) 257-1551<br><a href="http://www.tstboces.org">www.tstboces.org</a>                        |
| Oneida-Herkimer-Madison<br>PO Box 70 4747 Middle Settlement Rd.<br>New Hartford, NY 13413<br>(315) 793-8555<br><a href="http://www.oneida-boces.org">www.oneida-boces.org</a> |                                                                                                                                                                 |

| <b>SUNY Two Year Colleges with EOP</b>                                                                                                                                                                                                                                      |                                                                                                                                                                            |
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| Broome Community College<br>904 Front Street<br>Binghamton, NY 13902<br>EOP: (607) 778-5220<br>ADM: (607) 778-5001<br><a href="http://www.universities.com/On-Campus/Broome_Community_College.html">http://www.universities.com/On-Campus/Broome_Community_College.html</a> | SUNY College of Agriculture and Technology<br>at Morrisville<br>EOP Office, P.O.Box 901<br>Morrisville, New York, 13408-0636<br>EOP: (315) 684-6075<br>ADM: (800) 258-0111 |
| Onondaga Community College<br>4941 Onondaga Road<br>Syracuse, NY 13215<br>EOP: (315) 498-2428<br>ADM: (315) 498-2OCC<br><a href="http://www.suny.occ.edu">www.suny.occ.edu</a>                                                                                              |                                                                                                                                                                            |

### Region 3 (Syracuse) Resources Continued

| <b>SUNY Four Year Colleges with EOP</b>                                                                                           |                                                                                                                                                            |
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| SUNY at Binghamton<br>EOP Office, P.O. Box 6000<br>Binghamton, NY 13901<br>EOP: (607) 777-2791<br>ADM: (607) 777-2171             | SUNY College of Environmental Science and Forestry<br>113 Bray Hall - 1 Forestry Drive<br>Syracuse, NY 13210<br>EOP: (315) 470-6670<br>ADM: (800) 777-7373 |
| SUNY College Cortland<br>P. O. Box 2000, D-116 Cornish<br>Cortland, NY 13045<br>EOP: (607) 753-4808<br>ADM: (607) 753-4711        | SUNY College at Oswego<br>200 Swetman Hall<br>Oswego, New York, 13126<br>EOP-(315) 341-3094<br>ADM-(315) 312-2250                                          |
| SUNY Institute of Technology at Utica/Rome<br>PO Box 3050<br>Utica, NY 13504-3050<br>EOP:(315) 792-7160<br>ADM: (866) 2SUNYIT     | Cornell University<br>State Programs Office 227 Day Hall<br>Ithaca, NY 14853<br>EOP: (607) 255-6384<br>ADM: (607) 255-2222                                 |
| SUNY Health Science Center at Syracuse<br>750 E. Adams Street<br>Syracuse, NY 13210<br>EOP: (315) 464-5580<br>ADM: (800) 736-2171 |                                                                                                                                                            |

| <b>New York State Private Colleges with HEOP</b>                                                               |                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Cazenovia College<br>22 Sullivan St<br>Cazenovia, NY 13035<br>HEOP: (315) 655-7289<br>ADM: (800) 654.3210      | Utica College<br>1600 Burrstone Road<br>Utica, NY 13502<br>HEOP: (315) 792-3209<br>ADM: (315) 859-4457                               |
| Colgate University<br>13 Oak Drive<br>Hamilton, NY 13346<br>HEOP: (315) 228-7375<br>ADM: (315) 228-7401        | SUNY Canton<br>FOB 204, Cornell Drive<br>Canton, NY 13617<br>HEOP: (315) 386-7115<br>ADM; (800) 388-7123                             |
| LeMoyne College<br>1419 Salt Springs Road<br>Syracuse, NY 13214<br>HEOP: (315) 445-4190<br>ADM: (800) 333-4733 | SUNY College at Potsdam<br>EOP Office, 208 Sisson Hall<br>Potsdam, NY 13676<br>HEOP: (315) 267-2335<br>ADM: (877) POTSDAM (768-7326) |
| Syracuse University<br>804 University Ave<br>Syracuse, NY 13244<br>HEOP: (315) 443-3867<br>ADM: (315) 443-3611 | Cornell University<br>227 Day Hall<br>Ithaca, NY 14853<br>HEOP:1-(607) 255-6384<br>ADM: (607) 255-5241                               |

### Region 3 (Syracuse) Resources Continued

| <b>New York State Private Colleges with HEOP Continued</b>                                                         |                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Syracuse Univ. Cont. Ed.<br>700 University Ave<br>Syracuse, NY 13244<br>EOP: (315) 443-3257<br>ADM: (315) 443.3611 | Ithaca College<br>Danby Road<br>Ithaca, NY 14850<br>HEOP: (607) 274-3381<br>ADM: (800) 429.4274 |
| Hamilton<br>198 College Hill Rd.<br>Clinton, NY 13323<br>EOP: (315) 859-4389<br>ADM: (800) 843-2655                |                                                                                                 |

| <b>Colleges without HEOP</b>                                                                                                                                                      |                                                                                                                                                                  |
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| Wells College<br>170 Main Street<br>Aurora, NY 13026<br>1 (800) 952-9355<br><a href="http://www.wells.edu/admissions/default.asp">http://www.wells.edu/admissions/default.asp</a> | Mohawk Valley Community College<br>1101 Floyd Avenue<br>Rome, NY 13440<br>(315) 339-3470<br><a href="http://www.mvcc.edu">www.mvcc.edu</a>                       |
| Cayuga County Community College<br>197 Franklin St<br>Auburn, NY 13021<br>(315) 255-1743<br><a href="http://www.cayuga-cc.edu/">http://www.cayuga-cc.edu/</a>                     | Mohawk Valley Community College<br>1101 Sherman Drive<br>Utica, NY 13501<br>(315) 792.5400<br><a href="http://www.mvcc.edu">www.mvcc.edu</a>                     |
| Herkimer County Community College<br>100 Reservoir Road<br>Herkimer, NY 13350<br>(315) 866-0300<br><a href="http://www.herkimer.edu/">http://www.herkimer.edu/</a>                | Onondaga Community College<br>4585 West Seneca Turnpike<br>Syracuse, NY 13215<br>(315) 498-2602<br><a href="http://www.sunyocc.edu/">http://www.sunyocc.edu/</a> |
| Jefferson Community College<br>1220 Coffeen Street<br>Watertown, NY 13601<br>1 (888) 435-6522<br><a href="http://www.sunyjefferson.edu">www.sunyjefferson.edu</a>                 | Tompkins Cortland Community College<br>170 North St<br>Dryden, NY 13053<br>1 (888) 567-8211<br><a href="http://www.sunytmcc.edu">www.sunytmcc.edu</a>            |

### Region 3 (Syracuse) Resources Continued

| <b>Career Planning</b>                                                                                                                                                                                                 |                                                                                                                                                                                                        |
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| <b><i>Educational Opportunity Centers</i></b>                                                                                                                                                                          |                                                                                                                                                                                                        |
| Syracuse Educational Opportunity Center<br>100 New Street<br>Syracuse, NY 13202<br>(315) 475-7554<br><a href="http://syracuseeoc.com/">http://syracuseeoc.com/</a>                                                     |                                                                                                                                                                                                        |
| <b><i>One-Stop Career Centers</i></b>                                                                                                                                                                                  |                                                                                                                                                                                                        |
| Broome-Tioga Workforce New York<br>171 Front Street<br>Binghamton, NY 13905<br>(607) 778-6499<br><a href="http://www.broometiogaworks.com">www.broometiogaworks.com</a>                                                | Working Solutions One-Stop Career Center<br>207 Genesee Street, 2 <sup>nd</sup> Floor<br>Utica, NY 13501<br>(315) 793-2229<br><a href="http://www.working-solutions.org">www.working-solutions.org</a> |
| Cayuga Works Career Center<br>199 Franklin Street<br>Auburn, NY 13021<br>(315)-253-1590<br><a href="http://www.cortland-co.org/cayugaworks/cayugahome.asp">www.cortland-co.org/cayugaworks/cayugahome.asp</a>          | Rome Working Solutions<br>153 Brooks Road<br>South West Entrance<br>Rome, NY 13441<br>(315) 356-0662                                                                                                   |
| Chenango Delaware Otsego (CDO) Workforce<br>1 Ohara Drive<br>Norwich, NY 13815<br>(607) 334-2201 ext. 128<br><a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>                                            | CNY Works<br>443 North Franklin Street<br>Syracuse, NY 13204<br>(315) 473-8250<br><a href="http://www.cnyworks.com">www.cnyworks.com</a>                                                               |
| Cortland Works Career Center<br>99 Main Street<br>Cortland, NY 13045<br>(607) 756-7585<br><a href="http://www.cortland-co.org/.cortlandworks/cortlandhome.asp">www.cortland-co.org/.cortlandworks/cortlandhome.asp</a> | Career Connection<br>200 North Second Street<br>Fulton, NY 13069<br>(315) 591-9000                                                                                                                     |
| Herkimer Madison Oneida<br>Working Solutions One-Stop Career Center<br>320 North Prospect Street<br>Herkimer, NY 13350<br>(315) 867-1400                                                                               | St. Lawrence One-Stop Career Center<br>80 State Highway 310, Suite 8<br>Canton, NY 13617-1498<br>(315) 386-3276<br><a href="http://www.slconestop.com">www.slconestop.com</a>                          |
| Jefferson-Lewis<br>The Workplace<br>1222 Coffeen Street<br>Watertown, NY 13601<br>(315) 782-2073<br><a href="http://www.jefflewisworkforce.com">www.jefflewisworkforce.com</a>                                         | Tioga Employment Center<br>1062 Route 38, PO BOX 108<br>Owego, NY 13827<br>(607) 778-6499<br><a href="http://www.broometiogaworks.com">www.broometiogaworks.com</a>                                    |

## Region 3 (Syracuse) Resources Continued

| <b>Career Planning Continued</b>                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                      |
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| <b>One-Stop Career Centers Continued</b>                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                      |
| The Work Place<br>5274 Outer Stowe Street<br>Lowville, NY 13367<br>(315) 376-5800<br>www.jefflewisworkforce.com                                                                                                                             | Tompkins Workforce New York Career Center<br>Center Ithaca, Suite 241<br>171 East State Street<br>Ithaca, NY 14850<br>(607) 272-7570<br>www.tompkinsworkforceny.org                                                                                                  |
| Working Solutions One-Stop Career Center<br>1006 Oneida Plaza Drive<br>Oneida, NY 13421<br>(315) 363-2400<br>www.working-solutions.org                                                                                                      |                                                                                                                                                                                                                                                                      |
| <b>Job Corps – NONE IN REGION</b>                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                      |
| <b>Youth Build – NONE IN REGION</b>                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                      |
| <b>Other<br/>AmeriCorps</b>                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                      |
| Catholic Charities of Onondaga County<br><i>Catholic Charities AmeriCorps Program</i><br>Felicia Castricone, Program Director<br>Northside CYO<br>529 N. Salina Street<br>Syracuse, NY 13208<br>Phone: (315) 474-7428                       | SUNY Research Foundation at SUNY Cortland<br><i>SUNY Cortland AmeriCorps</i><br>Mr. Richard Kendrick, Program Director<br>PO Box 2000<br>Cortland, NY 13045<br>Phone: (607) 753-2841                                                                                 |
| Oswego City-County Youth Bureau<br><i>Oswego AmeriCorps</i><br>Ms. Kathy Andolina, Program Director<br>70 Bunner Street<br>Oswego, NY 13126-3357<br>Phone: (315) 349-3451                                                                   | Rural Health Network<br><i>Rural Health Service Corps</i><br>Mr. John Salo, Program Director<br>2663 Main Street<br>Whitney Point, NY 13862<br>Phone: (607) 692-7669                                                                                                 |
| <b>Apprenticeship</b>                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                      |
| New York State Department of Labor<br>Syracuse Field Office<br>450 So. Salina Street<br>Syracuse, New York 13202<br>(315) 479-3228<br>(Cayuga, Cortland, Herkimer, Jefferson,<br>Lewis, Madison, Oneida, Onondaga, Oswego,<br>St. Lawrence) | New York State Department of Labor<br>Binghamton Field Office<br>Glendale Technology Park<br>2001 Perimeter Road East, Suite 3<br>Endicott, New York 13760<br>(607) 741-4577<br>(Broome, Chemung, Chenango, Delaware,<br>Otsego, Schuyler, Steuben, Tioga, Tompkins) |

### Region 3 (Syracuse) Resources Continued

| VESID                                                                                                                                           |                                                               |
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| Southern Tier Binghamton<br>44 Hawley Street<br>Binghamton, NY 13901<br>(607) 721-8400<br>Serving: Broome, Chenango, Delaware,<br>Otsego, Tioga | Utica<br>207 Genessee St<br>Utica, NY 13501<br>(315) 793-2536 |

## Region 4 (Albany) Resources

| <b>BOCES</b>                                                                                                                                                               |                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Albany-Schoharie-Schenectady-Saratoga<br>1031 Watervliet Shaker Road<br>Albany, NY 12205<br>(518) 862-4900<br><a href="http://www.capregboces.org">www.capregboces.org</a> | Franklin-Essex-Hamilton<br>3372 State Route 11, P.O. Box 28<br>Malone, NY 12953<br>(518) 483-6420<br><a href="http://www.fehb.org">www.fehb.org</a>                                |
| Clinton-Essex-Warren-Washington<br>P.O. Box 455<br>Plattsburgh, NY 12901<br>(518) 561-0100<br><a href="http://www.cves.org">www.cves.org</a>                               | Hamilton-Fulton-Montgomery<br>2755 Highway 67<br>Johnstown, NY 12095<br>(518) 736-4300<br><a href="http://www.hfmboces.org">www.hfmboces.org</a>                                   |
| Questar III<br>10 Empire State Blvd<br>Castleton, NY 12033<br>(518) 477-8771<br><a href="http://www.questar.org">www.questar.org</a>                                       | Washington-Saratoga-Warren-Hamilton-Essex<br>1153 Burgoyne Avenue Suite 2<br>Fort Edward, NY 12828<br>(518) 746-3310<br><a href="http://www.wswheboces.org">www.wswheboces.org</a> |
| Otsego Northern Catskills<br>159 W. Main St.<br>Stamford, NY 12167<br>(607) 652-1200<br><a href="http://www.oncboces.org">www.oncboces.org</a>                             |                                                                                                                                                                                    |

| <b>SUNY Two Year Colleges with EOP</b>                                                                                           |                                                                                                                                                                    |
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| Fulton-Montgomery Community College<br>2805 State Highway 67<br>Johnstown, NY 12095<br>EOP:(518) 736-5301<br>ADM: (518) 736-5300 | Schenectady County Community College<br>78 Washington Avenue<br>Schenectady, NY 12305<br>EOP: (518) 381-1257<br>ADM: (800) 577-5243 x4287                          |
| Hudson Valley Community College<br>Vandenburg Avenue<br>Troy, NY 12180<br>EOP: (518) 734-8732<br>ADM: (877) 325-HVCC             | SUNY College of Agriculture and Technology<br>at Cobleskill<br>EOP Office, 004 Freesbie Hall<br>Cobleskill, NY 12043<br>EOP: (518) 234-5836<br>ADM: (800) 295-8988 |

| <b>SUNY Four Year Colleges with EOP</b>                                                                                              |                                                                                                                                        |
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| SUNY at Albany<br>1400 Washington Avenue<br>Albany, NY 12222<br>EOP: (518) 442-5180<br>ADM: (518) 442-5435                           | SUNY College of Technology at Delhi<br>EOP Office, 2 Main Street<br>Delhi, NY 13753-1190<br>EOP: (607) 746-4650<br>ADM: (607) 746-4550 |
| SUNY College at Plattsburgh<br>101 Broad Street<br>Plattsburgh, NY 12901<br>EOP:(518) 564-2263<br>ADM: (518) 564-2040 (888) 673-0012 | SUNY Oneonta<br>EOP Office, 332 Netzer<br>Oneonta, NY 13820<br>EOP: (607) 436-2075<br>ADM: (800) SUNY-123                              |

## Region 4 (Albany) Resources Continued

| <b>New York State Private Colleges with HEOP</b>                                                                                                                                                   |                                                                                                                                                                                                  |
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| College of Saint Rose<br>423 Western Ave<br>Albany, NY 12203<br>HEOP:(518) 454-5280<br>ADM: (800) 637-8556<br><a href="mailto:HeopAccessProgram@strose.edu">HeopAccessProgram@strose.edu</a>       | Rensselaer Polytechnic Inst<br>110 Eighth St.<br>Troy, NY 12181<br>HEOP: (518) 276-6272<br>ADM: (518) 276-6216                                                                                   |
| Sage College of Albany<br>140 New Scotland Ave<br>Albany, NY 12208<br>HEOP: (518) 292-1764<br>ADM: (888) VERY.SAGE<br><a href="mailto:SCAHEOP@sage.edu">SCAHEOP@sage.edu</a>                       | Russell Sage College<br>45 Ferry St<br>Troy, NY 12180<br>HEOP: (518) 244-2208<br>ADM: (888) VERY.SAGE                                                                                            |
| Siena College<br>515 Loudon Road<br>Loudonville, NY 12211<br>HEOP: (518) 783-2335<br>ADM: (888) AT.SIENA                                                                                           | Skidmore College<br>815 N. Broadway<br>Saratoga Springs, NY 12866<br>HEOP: (518) 580-5770<br>ADM: (800) 867.6007                                                                                 |
| Paul Smith's College<br>6 Metro Tech Ctr.<br>Paul Smith's, NY 12970<br>HEOP: (518) 327-6480<br>ADM: (800) 421.2605                                                                                 | Union College<br>807 Union St.<br>Schenectady, NY 12308<br>HEOP: (518) 388-6522<br>ADM: (888) 843.6688                                                                                           |
| <b>Colleges without HEOP</b>                                                                                                                                                                       |                                                                                                                                                                                                  |
| Excelsior College (distance learning)<br>Washington Ave<br>Albany, NY 12203<br>1 (888) 647-2388<br><a href="https://www.excelsior.edu/">https://www.excelsior.edu/</a>                             | Columbia-Greene Community College<br>4400 route 23<br>Hudson, NY 12534<br>(518) 828-4181<br><a href="http://www.sunycgcc.edu/index.cfm">http://www.sunycgcc.edu/index.cfm</a>                    |
| Clinton Community College<br>136 Clinton Point Drive<br>Plattsburgh, NY 12901<br>(518) 562-4200<br><a href="http://www.clinton.edu/">http://www.clinton.edu/</a>                                   | Adirondack Community College<br>640 Bay Road<br>Queensbury, NY 12804<br>(518) 743-2200<br><a href="http://www.sunyacc.edu">www.sunyacc.edu</a>                                                   |
| <b>Career Planning</b>                                                                                                                                                                             |                                                                                                                                                                                                  |
| <b><i>Educational Opportunity Centers</i></b>                                                                                                                                                      |                                                                                                                                                                                                  |
| Capital District Educational Opportunity Center<br>145 Congress Street<br>Troy, NY 12180<br>(518) 273-1900<br><a href="http://www.albsunyeoc.org/summary.html">www.albsunyeoc.org/summary.html</a> | Hudson Valley Community College<br>Educational Opportunity Center<br>80 Vandenburg Ave.<br>Troy, NY 12180<br>(518) 273-1900<br><a href="https://www.hvcc.edu/eoc/">https://www.hvcc.edu/eoc/</a> |

## Region 4 (Albany) Resources Continued

| <b>Career Planning Continued</b>                                                                                                                                                                    |                                                                                                                                                                                               |
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| <b>One-Stop Career Centers</b>                                                                                                                                                                      |                                                                                                                                                                                               |
| Albany County<br>Career Central<br>175 Central Avenue<br>Albany, NY 12206<br>(518) 462-7600 ext. 162<br><a href="http://www.capreg.org">www.capreg.org</a>                                          | Amsterdam Workforce Solutions<br>2620 Riverfront Center<br>Amsterdam, NY 12010<br>(518) 842-2240<br><a href="http://www.fmsworkforcesolutions.org">www.fmsworkforcesolutions.org</a>          |
| Clinton County<br>OneWorkSource<br>194 US Oval<br>Plattsburgh, NY 12903<br>(518) 561-0430<br><a href="http://www.oneworksource.com">www.oneworksource.com</a>                                       | Chenango/Delaware/Otsego CDO Workforce<br>12 Dietz Street<br>Oneonta, NY 13820<br>(607) 432-4800 ext. 115<br><a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>                   |
| Columbia-Greene Community College<br>4400 Route 23<br>Hudson, NY 12534<br>(518) 828-4181 ext. 3109<br><a href="http://www.columbiagreeneetworks.org">www.columbiagreeneetworks.org</a>              | Rensselaer County<br>Ned Pattison Office Building<br>1600 7 <sup>th</sup> Avenue<br>Troy, NY 12180<br>(518) 270-2860<br><a href="http://www.capreg.org">www.capreg.org</a>                    |
| CDO Workforce<br>1 Gallant Avenue<br>Delhi, NY 13753<br>(607) 746-7477<br><a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>                                                            | Saratoga County Employment and Training<br>152 West High Street<br>Ballston Spa, NY 12020<br>(518) 884-4170<br><a href="http://www.thejoblink.org">www.thejoblink.org</a>                     |
| CDO Workforce<br>21 Liberty Street<br>Sidney, NY 13838<br>(607) 561-7550<br><a href="http://www.cdoworkforce.org">www.cdoworkforce.org</a>                                                          | Schenectady Job Training Agency<br>797 Broadway<br>Schenectady, NY 12305<br>(518) 344-2735<br><a href="http://www.capreg.org">www.capreg.org</a>                                              |
| Elizabethtown One Work Source Center<br>103 Hand Avenue, Suite 1<br>Elizabethtown, NY 12932<br>(518) 873-2341<br><a href="http://www.oneworksource.com">www.oneworksource.com</a>                   | Cobleskill Workforce Solutions<br>795 East Main Street, Suite 4<br>Cobleskill, NY 12043<br>(518) 234-4254<br><a href="http://www.fmsworkforcesolutions.org">www.fmsworkforcesolutions.org</a> |
| Malone One Work Source Center<br>158 Finney Boulevard and Woodward Street<br>Malone, NY 12953<br>(518) 481-5755 ext. 3003<br><a href="http://www.oneworksource.com">www.oneworksource.com</a>       | Warren County Employment and Training<br>Northway Plaza<br>Queensbury, NY 12804<br>(518) 743-0925<br><a href="http://www.thejoblink.org">www.thejoblink.org</a>                               |
| Gloversville Workforce Solutions<br>199 South Main Street<br>Gloversville, NY 12078<br>(518) 725-6473 ext. 3032<br><a href="http://www.fmsworkforcesolutions.org">www.fmsworkforcesolutions.org</a> | One-Stop of Washington County<br>383 Broadway<br>Fort Edward, NY 12828<br>(518) 746-2390<br><a href="http://www.thejoblink.org">www.thejoblink.org</a>                                        |

## Region 4 (Albany) Resources Continued

| <b>Career Planning Continued</b>                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                               |
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| <b>Job Corps</b>                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                               |
| Glenmont Job Corps Academy<br>822 River Road<br>Glenmont, NY 12077<br>(518) 767-9371<br><a href="http://jobcorps.dol.gov/centers/NY.htm#glenmont">http://jobcorps.dol.gov/centers/NY.htm#glenmont</a>                                                                                                                      |                                                                                                                                                                                                                                               |
| <b>Youth Build</b>                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                               |
| YouthBuild Albany<br>175 Central Avenue<br>Albany, NY 12206<br><a href="http://www.albanyny.org/Government/Departments/YouthAndWorkforcesServices/YouthPrograms.aspx">http://www.albanyny.org/Government/Departments/YouthAndWorkforcesServices/YouthPrograms.aspx</a>                                                     | Schenectady YouthBuild<br>120 Emmons Street<br>Schenectady, NY 12304<br>(518) 372-4100<br><a href="http://www.neparentchild.org/Programs/youthbuild%20schenectady.htm">http://www.neparentchild.org/Programs/youthbuild%20schenectady.htm</a> |
| <b>OTHER</b>                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |
| <b>AmeriCorps</b>                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                               |
| Albany United Methodist Society<br><i>AUMS AmeriCorps</i><br>Mr. Peter Fish, Program Director<br>240 First Street<br>Albany, NY 12206<br>Phone: (518) 432-0818                                                                                                                                                             | Troy Housing Authority<br><i>THA AmeriCorps Program</i><br>Thomas E. Hulihan, C.S.W.<br>Director of Planning and Program Development<br>Troy Housing Authority<br>One Eddy's Lane<br>Troy, New York 12180<br>Phone: (518) 273-3600 Ext. 10    |
| <b>Apprenticeship</b>                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                               |
| New York State Department of Labor Albany<br>Field Office<br>State Office Building Campus<br>Building 12, Room 459<br>Albany, NY 12240<br>(518) 457-7745<br>(Albany, Clinton, Columbia, Dutchess, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington) |                                                                                                                                                                                                                                               |
| <b>VESID</b>                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                               |
| Albany Regional<br>80 Wolf Road Suite 200<br>Albany, NY 12205<br>(518) 473-8097<br>Serving: Albany, Columbia, Greene, Rensselaer                                                                                                                                                                                           | Gloversville Satellite<br>199 South Main St<br>Gloversville, NY 12078<br>(518) 773-2884                                                                                                                                                       |
| Malone District<br>209 W. Main St.<br>Malone, NY 12953<br>(518) 483-3530<br>Serving: Clinton, Essex, Franklin, and St. Lawrence                                                                                                                                                                                            |                                                                                                                                                                                                                                               |

## Region 5 (Spring Valley) Resources

| <b>BOCES</b>                                                                                                                                     |                                                                                                                                                               |
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| Dutchess<br>5 BOCES Road<br>Poughkeepsie, NY 12601<br>(845) 486-4800<br><a href="http://www.dcboces.org">www.dcboces.org</a>                     | Western Suffolk<br>507 Deer Park Road P.O. Box 8007<br>Huntington Station, NY 11746<br>(631) 549-4900<br><a href="http://www.wsboces.org">www.wsboces.org</a> |
| Nassau BOCES<br>71 Clinton Road<br>Garden City, NY Garden City<br>(516) 396-2208<br><a href="http://www.nassauboces.org">www.nassauboces.org</a> | Sullivan County<br>6 Wierk Avenue<br>Liberty, NY 12754<br>(845) 295-4000<br><a href="http://www.scboces.org">www.scboces.org</a>                              |
| Orange-Ulster<br>53 Gibson Road<br>Goshen, NY 10924<br>(845) 291-0110<br><a href="http://www.ouboces.org">www.ouboces.org</a>                    | Ulster County<br>175 Route 32 N<br>New Paltz, NY 12561<br>(845) 255-1400<br><a href="http://www.ulsterboces.org">www.ulsterboces.org</a>                      |
| Rockland BOCES<br>65 Parrot Road<br>Nyack, NY 10994<br>(845) 627-4700<br><a href="http://www.rocklandboces.org">www.rocklandboces.org</a>        | Putnam/Northern Westchester<br>200 Boces Drive<br>Yorktown Heights, NY 10598<br>(914) 248-2300<br><a href="http://www.pnwboces.org">www.pnwboces.org</a>      |
| Eastern Suffolk<br>201 Sunrise Highway<br>Patchogue, NY 11772<br>(631) 687-3006<br><a href="http://www.esboces.org">www.esboces.org</a>          | Southern Westchester<br>17 Berkely Drive<br>Rye Brook, NY 10573<br>(914) 937-3820<br><a href="http://www.swboces.org">www.swboces.org</a>                     |

| <b>SUNY Two Year Colleges with EOP</b>                                                                                    |                                                                                                                                                      |
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| Dutchess Community College<br>53 Pendell Road<br>Poughkeepsie, NY 12601<br>EOP: (845) 431-8039<br>ADM: (845) 431-8010     | Suffolk County Community College<br>533 College Road<br>Selden, NY 11784<br>EOP: (631) 451-4356<br>ADM: (631) 451-4000                               |
| Orange County Community College<br>115 South Street<br>Middletown, NY 10940<br>EOP: (845) 342-4135<br>ADM: (845) 341-4030 | Westchester Community College<br>75 Grasslands Road<br>Valhalla, NY 10595<br>EOP: (914) 785-6591<br>ADM: (914) 606-6735                              |
| Rockland Community College<br>145 College Road<br>Suffern, NY 10901<br>EOP: (845) 574-4763<br>ADM: (800) 722-7666         | Ulster County Community College<br>Financial Aid Office, Vanderyn Hall<br>Stone Ridge, NY 12484<br>EOP: (845) 687-5000 x 5058<br>ADM: (800) 724-0833 |

## Region 5 (Spring Valley) Resources Continued

| <b>SUNY Four Year Colleges with EOP</b>                                                                                                                |                                                                                                                                         |
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| SUNY College of Technology at Farmingdale<br>Office of Enrollment Services<br>Farmingdale, NY 11735<br>EOP: (631) 420-2230/2249<br>ADM: (607) 778-5001 | SUNY College at New Paltz<br>HAB 401, 755 S. Manheim Road<br>New Paltz, NY 12561<br>EOP: (845) 257-3220<br>ADM: (888) 639-7589          |
| SUNY College at Old Westbury<br>223 Store Hill Road, Box 210<br>Old Westbury, NY 11568-0210<br>EOP: (516) 876-3068<br>ADM: (516) 876-3073              | SUNY College At Purchase<br>EOP Office, 735 Anderson Hill Road<br>Purchase, NY 10577-1400<br>EOP: (914) 251-6520<br>ADM: (914) 251-6300 |
| SUNY at Stony Brook<br>Melville Library, Room W-3520<br>Stony Brook, NY 11794-3375<br>EOP: (631) 632-7090<br>ADM: (631) 444-2111                       |                                                                                                                                         |

| <b>New York State Private Colleges with HEOP</b>                                                                |                                                                                                                      |
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| Dominican College<br>470 Western Highway<br>Orangeburg, NY 10962<br>HEOP:(845) 848-7821<br>ADM: (845) 359-7800  | Mount Saint Mary<br>330 Powell Ave<br>Newburgh, NY 12550<br>HEOP:(845) 569-3245<br>ADM: (888) YES.MSMC               |
| Bard College<br>P.O. Box 5000<br>Annandale on Hudson, NY 12504<br>HEOP: (845) 758-7638<br>ADM: (845) 758-7472   | St. Thomas Aquinas<br>125 Route 340<br>Sparkill, NY 10976<br>HEOP: (845) 398.4103<br>ADM: (845) 398-4114             |
| Marist College<br>82 North Road<br>Poughkeepsie, NY 12601<br>HEOP: (845) 575-3204<br>ADM: (800) 436.5483        | Dowling College<br>150 Idle Hour Blvd<br>Oakdale11769<br>HEOP: (631) 244-3262<br>ADM: (800) DOWLING                  |
| Hofstra College<br>Gallon Wing Rm 132<br>Hempstead, NY 11549<br>EOP: (516) 463-6976<br>(800) HOFSTRA            | Five Towns College<br>305 North Service Road<br>Dix Hills11746<br>HEOP: (631) 656-2129<br>ADM: (631) 424-7000 x 2110 |
| Adelphi University<br>One South Ave<br>EOP: Garden City, NY 11530<br>HEOP: (516) 877-3603<br>ADM: (800) ADELPHI | LIU Southampton Campus<br>239 Montauk Hwy.<br>Southampton, NY 11968<br>HEOP: (631) 287-8356<br>ADM: (800) LIU.PLAN   |

## Region 5 (Spring Valley) Resources Continued

| <b>New York State Private Colleges with HEOP Continued</b>                                                                 |                                                                                                                     |
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| LIU C.W.Post Campus<br>720 Northern Blvd.<br>Brookville, NY 11548<br>HEOP:(516) 299-2397<br>ADM: (800) LIU.PLAN            | Manhattanville College<br>2900 Purchase Street<br>Purchase, NY 10577<br>HEOP: (914) 323-5129<br>ADM: (800) 328.4553 |
| Molloy College<br>1000 Hempstead Avenue<br>Rockville, NY 11570<br>HEOP (516) 678-5000<br>ADM: (888) 4MOLLOY                | Mercy College<br>555 Broadway<br>Dobbs Ferry, NY 10522<br>HEOP: (914) 674-7204<br>ADM: 877.MERCY.GO                 |
| New York Inst. Of Technology<br>Whitney Lane House<br>Old Westbury, NY 11568<br>HEOP (516) 686-7574<br>ADM: (800) 345.NYIT | Nyack University<br>1 South Nyack Blvd.<br>Nyack, NY 10960<br>HEOP: (845) 358-1710<br>ADM: (800) 33.NYACK           |

| <b>Colleges without HEOP</b>                                                                                                                                                                                                          |                                                                                                                                                                           |
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| Culinary Institute of America<br>1946 Campus Drive<br>Hyde Park, NY 12538<br>1-(800) CULINARY or (845) 452-9430<br><a href="http://www.ciachef.edu/">http://www.ciachef.edu/</a>                                                      | Touro College Bay Shore<br>1700 Union Blvd.<br>Bay Shore, NY 11706<br>1-866-86870-4-8x6225                                                                                |
| Nassau Community College<br>1 Education Drive<br>Garden City, NY 11530<br>(516) 572-7345<br><a href="http://www.ncc.edu">www.ncc.edu</a>                                                                                              | Sullivan County Community College<br>112 college Road<br>Loch Sheldrake, NY 12759<br>1-(800) 577-5243<br><a href="http://www.sullivan.suny.edu">www.sullivan.suny.edu</a> |
| Webb Institute of Naval Architecture and<br>Marine Engineering<br>298 Crescent Beach Road<br>Glen Cove, NY 11542<br>1 (866) 708-9322 or (516) 671-2213<br><a href="http://www.webb-institute.edu/">http://www.webb-institute.edu/</a> |                                                                                                                                                                           |

## Region 5 (Spring Valley) Resources Continued

| <b>Career Planning</b>                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                   |
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| <b>Educational Opportunity Centers</b>                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                   |
| Long Island Educational Opportunity Center<br>Hooper Hall Farmingdale State<br>Farmingdale, NY 11735<br>(631) 420-2280<br><a href="http://farmingdale.edu/campuspages/campusaffiliates/lieoc/home.html">http://farmingdale.edu/campuspages/campusaffiliates/lieoc/home.html</a> | Westchester Community College Educational Opportunity Center<br>26 South Broadway<br>Yonkers, NY 10701<br>(914) 606-7600<br><a href="http://www.sunywcc.edu/extension_sites/eoc/">http://www.sunywcc.edu/extension_sites/eoc/</a> |
| Webb Institute of Naval Architecture and Marine Engineering<br>298 Crescent Beach Road<br>Glen Cove, NY 11542<br>1 (866) 708-9322 or (516) 671-2213<br><a href="http://www.webb-institute.edu/">http://www.webb-institute.edu/</a>                                              |                                                                                                                                                                                                                                   |
| <b>One-Stop Career Centers</b>                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                   |
| Dutchess Works<br>235 Main Street<br>Poughkeepsie, NY 12601<br>(845) 485-2660 ext. 3002<br><a href="http://www.dutchessworks.org">www.dutchessworks.org</a>                                                                                                                     | Tomorrow's Workplace<br>One Perlman Drive<br>Spring Valley, NY 10977<br>(845) 356-6106<br><a href="http://www.tomorrowsworkplace.org">www.tomorrowsworkplace.org</a>                                                              |
| Hempstead Works Career Center<br>Hempstead Executive Plaza<br>50 Clinton Street, Suite 400<br>Hempstead, NY 11550<br><a href="http://www.hempsteadworks.com">www.hempsteadworks.com</a>                                                                                         | NYS DOL – DOES Office<br>160 South Ocean Avenue<br>Patchogue, NY 11772<br>(631) 687-4800<br><a href="http://www.co.suffolk.ny.us/labor">www.co.suffolk.ny.us/labor</a>                                                            |
| Oyster Bay Consortium/Hicksville Career Center<br>301 W. Old Country Road<br>Hicksville, NY 11801<br>(516) 934-8517<br><a href="http://www.theworkforcepartnership.com">www.theworkforcepartnership.com</a>                                                                     | Sullivan Works One-Stop Center<br>50 North Street<br>Monticello, NY 12701<br>(845) 794-3340<br><a href="http://www.scgnet.us">www.scgnet.us</a>                                                                                   |
| Massapequa Employment Center<br>977 Hicksville Road<br>Massapequa, NY 11758<br>(516) 797-4560<br><a href="http://www.theworkforcepartnership.com">www.theworkforcepartnership.com</a>                                                                                           | The One-Stop Employment Center at Suffolk County Department of Labor<br>725 Veterans Memorial Highway<br>Hauppauge, NY 11788<br>(631) 853-6600<br><a href="http://www.co.suffolk.ny.us/labor">www.co.suffolk.ny.us/labor</a>      |
| Orange Works Career Center<br>The Maple Building 3 Washington Center 4 <sup>th</sup> Floor<br>Newburgh, NY 12550<br>(845) 568-5090<br><a href="http://www.orangeworks.biz">www.orangeworks.biz</a>                                                                              | Suffolk Works Employment Program<br>395 Oser Avenue<br>Hauppauge, NY 117889<br>(631) 853-3877                                                                                                                                     |

## Region 5 (Spring Valley) Resources Continued

| <b>One-Stop Career Centers Continued</b>                                                                                                                                                                               |                                                                                                                                                                                                                                            |
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| Orange Works Career Center<br>33 Fulton Plaza, 2 <sup>nd</sup> Floor<br>Middletown, NY 10940<br>(845) 346-1100<br><a href="http://www.orangeworks.biz">www.orangeworks.biz</a>                                         | Ulster County One-Stop Center<br>601 Development Court Ulster Avenue<br>Kingston, NY 12401<br>(845) 340-3170<br><a href="http://www.ulsterworks.com">www.ulsterworks.com</a>                                                               |
| Orange Works Career Center<br>150 Pike Street, 1 <sup>st</sup> Floor<br>Port Jervis, NY 12771<br>(845) 858-1464<br><a href="http://www.orangeworks.biz">www.orangeworks.biz</a>                                        | Westchester County One-Stop Employment Center<br>120 Bloomingdale Road<br>White Plains, NY 10605<br>(914) 995-3910<br><a href="http://www.westchestergov.com/onestopemploymentcenter/">www.westchestergov.com/onestopemploymentcenter/</a> |
| Westchester/Putnam One Stop<br>110 Old Route 6<br>Carmel, NY 10512<br>(845) 225-7043 ext. 1601<br><a href="http://www.westchestergov.com/onestopemploymentcenter/">www.westchestergov.com/onestopemploymentcenter/</a> | Yonkers Employment Center<br>20 South Broadway<br>Yonkers, NY 10701<br>(914) 709-1373<br><a href="http://www.yonkersemploymentcenter.org">www.yonkersemploymentcenter.org</a>                                                              |
| <b>Job Corps</b>                                                                                                                                                                                                       |                                                                                                                                                                                                                                            |
| Delaware Valley Job Corps Center<br>9368 State Rt. 97/PO Box 846<br>Callicoon, NY 12723<br>(845) 887-5400<br><a href="http://jobcorps.dol.gov/centers/NY.htm">http://jobcorps.dol.gov/centers/NY.htm</a>               |                                                                                                                                                                                                                                            |
| <b>Youth Build</b>                                                                                                                                                                                                     |                                                                                                                                                                                                                                            |
| New Directions YouthBuild Partnership<br>248 Main Street<br>Poughkeepsie, NY 12601<br>(845) 452-8574<br><a href="http://www.nubiandirections.org/">http://www.nubiandirections.org/</a>                                | Ulster YouthBuild Partnership<br>1 Development Court, Room 201<br>Kingston, NY 12401<br>(845) 331-2381                                                                                                                                     |
| <b>OTHER</b>                                                                                                                                                                                                           |                                                                                                                                                                                                                                            |
| <b>AmeriCorps</b>                                                                                                                                                                                                      |                                                                                                                                                                                                                                            |
| Family Service of Westchester, Inc.<br><i>AmeriCorps Future Leaders Program</i><br>Ms. Irina Miagkova<br>Contact Person<br>One Gateway Plaza<br>Port Chester, NY 10573<br>Phone: (914) 937-2320 x 144                  | NYSARC INC, Nassau County Chapter<br><i>NYSARC Adult Day Services Program</i><br>Ms. Idamaris Asencio<br>Contact Person<br>115 East Bethpage Road<br>Plainview, NY 11803<br>Phone: (516) 293-1111                                          |

## Region 5 (Spring Valley) Resources Continued

| <b>AmeriCorps Continued</b>                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Ramapo for Children<br/> <i>Future Leaders in Youth Development</i><br/>           Ms. Jennifer Burida Cunha, Program Director<br/>           P.O. Box 266<br/>           Rhinebeck, NY 12572<br/>           Phone: (845) 876-8403</p> | <p>Research Foundation of SUNY (Stony Brook)<br/> <i>AmeriCorps Volunteers for Community Service Education Award Only Program</i><br/>           Ms. Urszula Zalewski, Program Director<br/>           W. 5510 Melville Library<br/>           SUNY Stony Brook<br/>           Stony Brook, NY 11794-3363<br/>           Phone: (631) 632-6814</p> |
| <p>Rockland County Youth Bureau<br/> <i>Rockland County AmeriCorps</i><br/>           Ms. Kathy Galione, Program Director<br/>           18 New Hempstead Road<br/>           New City, NY 10956<br/>           Phone: (845) 708-7307</p> |                                                                                                                                                                                                                                                                                                                                                    |
| <b>Apprenticeship</b>                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                    |
| <p>New York State Department of Labor<br/>           Apprenticeship Field Office<br/>           303 W. Old Country Road<br/>           Hicksville, NY 11801<br/>           (516) 934-8525<br/>           (Suffolk, Nassau)</p>            | <p>New York State Department of Labor<br/>           Apprenticeship Field Office<br/>           75 Varick Street, 7<sup>th</sup> Floor<br/>           New York, NY 10013<br/>           (212) 775-3354<br/>           (Orange, Putnam, Sullivan, Ulster, Westchester)</p>                                                                          |
| <b>VESID</b>                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                    |
| <p>Hauppague District<br/>           NYS Office Bldg. Veterans Hwy<br/>           Hauppague, NY 11788<br/>           (631) 952-6357</p>                                                                                                   | <p>Middletown Satellite<br/>           200 Midway Park Drive<br/>           Middletown, NY 10940<br/>           (845) 343-4969</p>                                                                                                                                                                                                                 |
| <p>Riverhead Satellite<br/>           524 East Main Street, Suite 206<br/>           Riverhead, 11901<br/>           (631) 727-6496</p>                                                                                                   | <p>White Plains<br/>           75 South Broadway<br/>           White Plains, NY 10601<br/>           (914) 946-1313</p>                                                                                                                                                                                                                           |
| <p>Mid-Hudson<br/>           301 Manchester Road<br/>           Poughkeepsie, NY 12603<br/>           (845) 452-5325<br/>           Serving: Dutchess, Putnam, Orange, Ulster, and Sullivan</p>                                           | <p>Rockland Satellite<br/>           15 Perlman Dr. 2nd Floor<br/>           Rockland, NY 10977<br/>           (845) 426-5410</p>                                                                                                                                                                                                                  |
| <p>Kingston Satellite<br/>           65 Albany Avenue-Suite E<br/>           Kingston, NY 12401<br/>           (845) 339-4254</p>                                                                                                         |                                                                                                                                                                                                                                                                                                                                                    |

## Internet Resources

| <b>General Education Information</b>                                |                                                                                                                                                           |
|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| NYC Children's Services Education Resources                         | <a href="http://www.nyc.gov/html/acs/education">http://www.nyc.gov/html/acs/education</a>                                                                 |
| NYC Department of Education                                         | <a href="http://schools.nyc.gov">http://schools.nyc.gov</a>                                                                                               |
| NYS Department of Education                                         | <a href="http://www.nysed.gov">http://www.nysed.gov</a>                                                                                                   |
| Office of K-16 Initiatives and Access Programs                      | <a href="http://www.highered.nysed.gov/kiap/">http://www.highered.nysed.gov/kiap/</a>                                                                     |
| US Department of Education                                          | <a href="http://www.ed.gov">http://www.ed.gov</a>                                                                                                         |
| Youth Success NYC                                                   | <a href="http://www.youthsuccessnyc.org">http://www.youthsuccessnyc.org</a>                                                                               |
| <b>Homework Help &amp; Youth Resources</b>                          |                                                                                                                                                           |
| Discovery Education                                                 | <a href="http://school.discoveryeducation.com/homeworkhelp">http://school.discoveryeducation.com/homeworkhelp</a>                                         |
| High School Hub                                                     | <a href="http://highschoolace.com/ace/ace.cfm">http://highschoolace.com/ace/ace.cfm</a>                                                                   |
| Infoplease Homework                                                 | <a href="http://www.infoplease.com/homework">http://www.infoplease.com/homework</a>                                                                       |
| NYC Department of Youth and Community Development (DYCD)            | <a href="http://www.nyc.gov/html/dycd">http://www.nyc.gov/html/dycd</a>                                                                                   |
| NYPL Homework Help                                                  | <a href="http://www.homeworknyc.org">http://www.homeworknyc.org</a>                                                                                       |
| NYPL TeenLink                                                       | <a href="http://teenlink.nypl.org">http://teenlink.nypl.org</a>                                                                                           |
| NYPL Resources for Young Adults                                     | <a href="http://www.nypl.org/links">http://www.nypl.org/links</a>                                                                                         |
| NYC- Dial a Teacher                                                 | <a href="http://www.uft.org/member/education/dat">http://www.uft.org/member/education/dat</a>                                                             |
| <b>Career Information</b>                                           |                                                                                                                                                           |
| NY Career Zone                                                      | <a href="http://nycareerzone.org">http://nycareerzone.org</a>                                                                                             |
| Career One Stop                                                     | <a href="http://www.careeronestop.org/">http://www.careeronestop.org/</a>                                                                                 |
| Occupational Outlook Handbook                                       | <a href="http://www.bls.gov/oco">http://www.bls.gov/oco</a>                                                                                               |
| Career Guide to Industries                                          | <a href="http://www.bls.gov/oco/cg/home.htm">http://www.bls.gov/oco/cg/home.htm</a>                                                                       |
| Becoming an Apprentice                                              | <a href="http://www.labor.state.ny.us/apprenticeship/general/Registration.shtm">http://www.labor.state.ny.us/apprenticeship/general/Registration.shtm</a> |
| Job Corps                                                           | <a href="http://jobcorps.dol.gov/about.htm">http://jobcorps.dol.gov/about.htm</a>                                                                         |
| HBCU Careers                                                        | <a href="http://www.hbcu-careers.net/">http://www.hbcu-careers.net/</a>                                                                                   |
| NY Board of Cooperative Educational Services                        | <a href="http://e2ccbooces.wnyric.org/boces-ric/index.html">http://e2ccbooces.wnyric.org/boces-ric/index.html</a>                                         |
| Teen Job Center                                                     | <a href="http://www.teenjobsection.com/">http://www.teenjobsection.com/</a>                                                                               |
| Teens for Hire                                                      | <a href="http://teens4hire.org/">http://teens4hire.org/</a>                                                                                               |
| Employment Guide for part time jobs                                 | <a href="http://www.employmentguide.com/">http://www.employmentguide.com/</a>                                                                             |
| <b>Test Preparation, College Search, &amp; Financial Aid</b>        |                                                                                                                                                           |
| ACT                                                                 | <a href="http://www.act.org">http://www.act.org</a>                                                                                                       |
| College Board (SAT)                                                 | <a href="http://www.collegeboard.com">http://www.collegeboard.com</a>                                                                                     |
| Peterson's                                                          | <a href="http://www.petersons.com">http://www.petersons.com</a>                                                                                           |
| Princeton Review                                                    | <a href="http://www.review.com">http://www.review.com</a>                                                                                                 |
| College Bound Net                                                   | <a href="http://www.collegebound.net">http://www.collegebound.net</a>                                                                                     |
| <b>College Search, Application, &amp; Financial Aid Information</b> |                                                                                                                                                           |
| All About College                                                   | <a href="http://allaboutcollege.com">http://allaboutcollege.com</a>                                                                                       |
| Campus Tours                                                        | <a href="http://www.campustours.com">http://www.campustours.com</a>                                                                                       |
| Common Application                                                  | <a href="http://www.commonapp.org">http://www.commonapp.org</a>                                                                                           |
| City University of New York (CUNY)                                  | <a href="http://www.cuny.edu">http://www.cuny.edu</a>                                                                                                     |

## Internet Resources Continued

|                                                               |                                                                                                                                                       |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| State University of New York (SUNY)                           | <a href="http://www.suny.edu">http://www.suny.edu</a>                                                                                                 |
| Directory of NY Public and Private University                 | <a href="http://www.highered.nysed.gov/Quality_Assurance/directory">http://www.highered.nysed.gov/Quality_Assurance/directory</a>                     |
| Search NY State Colleges by Subject Area                      | <a href="http://www.nysed.gov/heds/IRPSL1.html">http://www.nysed.gov/heds/IRPSL1.html</a>                                                             |
| NY Learns                                                     | <a href="http://www.highered.nysed.gov/NYLearns/home.html">http://www.highered.nysed.gov/NYLearns/home.html</a>                                       |
| College Bound Glossary                                        | <a href="http://www.quintcareers.com/college_planning_glossary.html">http://www.quintcareers.com/college_planning_glossary.html</a>                   |
| NY State Office of Higher Education                           | <a href="http://www.highered.nysed.gov/NYLearns/studentswd.htm">http://www.highered.nysed.gov/NYLearns/studentswd.htm</a>                             |
| Go College                                                    | <a href="http://www.gocollege.com">http://www.gocollege.com</a>                                                                                       |
| Education Planner                                             | <a href="http://www.educationplanner.com">http://www.educationplanner.com</a>                                                                         |
| College is Possible                                           | <a href="http://www.collegeispossible.org">http://www.collegeispossible.org</a>                                                                       |
| My Essay                                                      | <a href="http://myessay.com">http://myessay.com</a>                                                                                                   |
| College Resources                                             | <a href="http://usny.nysed.gov/students/collegeres.html">http://usny.nysed.gov/students/collegeres.html</a>                                           |
| NY Mentor                                                     | <a href="http://nymentor.edu">http://nymentor.edu</a>                                                                                                 |
| XAP College Search                                            | <a href="http://www.xap.com">http://www.xap.com</a>                                                                                                   |
| College Toolkit                                               | <a href="http://www.collegetoolkit.com/">http://www.collegetoolkit.com/</a>                                                                           |
| <b>Financial Aid, Scholarships, &amp; Scholar Athletes</b>    |                                                                                                                                                       |
| Educational Training Vouchers (ETV)                           | <a href="http://www.statevoucher.org">http://www.statevoucher.org</a>                                                                                 |
| FAFSA                                                         | <a href="http://www.fafsa.ed.gov">http://www.fafsa.ed.gov</a>                                                                                         |
| FASFA Guide                                                   | <a href="http://www.estudentloan.com/financial-aid/high-school-students.html">http://www.estudentloan.com/financial-aid/high-school-students.html</a> |
| FastWeb Scholarship Search                                    | <a href="http://www.fastweb.com">http://www.fastweb.com</a>                                                                                           |
| Financial aid (Finaid)                                        | <a href="http://www.finaid.org">http://www.finaid.org</a>                                                                                             |
| US Department of Education                                    | <a href="http://studentaid.ed.gov">http://studentaid.ed.gov</a>                                                                                       |
| NCAA                                                          | <a href="http://www.ncaa.org">http://www.ncaa.org</a>                                                                                                 |
| NYS HESC (TAP)                                                | <a href="http://www.hesc.com">http://www.hesc.com</a>                                                                                                 |
| Orphan Foundation of American                                 | <a href="http://www.orphan.org">http://www.orphan.org</a>                                                                                             |
| Foster Club Scholarship Guide                                 | <a href="http://www.fyi3.com/fyi3/Independent/scholarships/index.cfm">http://www.fyi3.com/fyi3/Independent/scholarships/index.cfm</a>                 |
| National Voice of Foster Parents Scholarship<br>Wired Scholar | <a href="http://www.wiredscholar.com">http://www.wiredscholar.com</a>                                                                                 |
| Scholarship Expert                                            | <a href="http://www.scholarshipexperts.com">http://www.scholarshipexperts.com</a>                                                                     |
| Education Atlas Student Financial Aid                         | <a href="http://www.educationatlas.com/financial-aid.html">http://www.educationatlas.com/financial-aid.html</a>                                       |
| Sallie Mae Fund Scholarships                                  | <a href="http://www.thesalliemaefund.org/smfnew/sections/apply.html">http://www.thesalliemaefund.org/smfnew/sections/apply.html</a>                   |
| HEOP brochure lists all participating                         | <a href="http://ohe32.nysed.gov/kiap/word/HEOPWebBrochure2008.doc">http://ohe32.nysed.gov/kiap/word/HEOPWebBrochure2008.doc</a>                       |
| Tuition and Fees of colleges in NY State                      | <a href="http://www.highered.nysed.gov/oris/tuitionfees/index.htm">http://www.highered.nysed.gov/oris/tuitionfees/index.htm</a>                       |
| College Board Scholarship Search                              | <a href="http://apps.collegeboard.com/cbsearch_ss/welcome.jsp">http://apps.collegeboard.com/cbsearch_ss/welcome.jsp</a>                               |
| Student Scholarship Search                                    | <a href="http://www.studentscholarshipsearch.com/">http://www.studentscholarshipsearch.com/</a>                                                       |
| Mission for Education-Leaders of Tomorrow                     | <a href="http://www.nylottery.org/index.php">http://www.nylottery.org/index.php</a>                                                                   |
| Coca-Cola Scholarships                                        | <a href="http://www.coca-colascholars.org">http://www.coca-colascholars.org</a>                                                                       |

## Internet Resources Continued

|                                                                               |                                                                                                                                   |
|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Horatio-Alger Scholarships                                                    | <a href="http://www.horatioalger.org/scholarships/">http://www.horatioalger.org/scholarships/</a>                                 |
| Discover Scholarship                                                          | <a href="http://www.discoverfinancial.com/community/scholarp.shtml">http://www.discoverfinancial.com/community/scholarp.shtml</a> |
| Best Buy Scholarship                                                          | <a href="http://www.BestBuy.com/Scholarships">www.BestBuy.com/Scholarships</a>                                                    |
| Stewardship foundation                                                        | <a href="http://www.stewardshipforkids.org">www.stewardshipforkids.org</a>                                                        |
| New Yorkers for children Guardian Scholars Program(John Jay & Hunter College) | <a href="http://www.newyorkersforchildren.org">http://www.newyorkersforchildren.org</a>                                           |
| <b>Multicultural Resources</b>                                                |                                                                                                                                   |
| Education Highway                                                             | <a href="http://eduhwy.com">http://eduhwy.com</a>                                                                                 |
| First In the Family                                                           | <a href="http://firstinthefamily.org">http://firstinthefamily.org</a>                                                             |
| Gates Millennium Scholars Fund                                                | <a href="http://gmfp.org">http://gmfp.org</a>                                                                                     |
| Hispanic Association of Colleges and Universities                             | <a href="http://www.hacu.net">http://www.hacu.net</a>                                                                             |
| Hispanic Scholarship Fund                                                     | <a href="http://www.hsf.net">http://www.hsf.net</a>                                                                               |
| Hispanic Heritage Scholarship List                                            | <a href="http://www.hispanicheritage.org/youth.php">http://www.hispanicheritage.org/youth.php</a>                                 |
| Latino College Dollars                                                        | <a href="http://www.latinocollegedollars.org/directory.htm">http://www.latinocollegedollars.org/directory.htm</a>                 |
| NAACP                                                                         | <a href="http://www.naacp.org/youth/scholarships/">http://www.naacp.org/youth/scholarships/</a>                                   |
| United Negro College Fund                                                     | <a href="http://www.uncf.org">http://www.uncf.org</a>                                                                             |
| Historical Black Colleges & Universities                                      | <a href="http://www.hbcuconnect.com">http://www.hbcuconnect.com</a>                                                               |
| 200 Free Scholarships for Minorities                                          | <a href="http://www.blackexcel.org/200-Scholarships.html">http://www.blackexcel.org/200-Scholarships.html</a>                     |
| Black College Dollars                                                         | <a href="http://www.blackcollegedollars.org">http://www.blackcollegedollars.org</a>                                               |
| Resource for Black College Students                                           | <a href="http://blackstudents.blacknews.com/">http://blackstudents.blacknews.com/</a>                                             |
| Black College Resources Scholarships                                          | <a href="http://www.blackrefer.com/college_aids.html">http://www.blackrefer.com/college_aids.html</a>                             |
| Online Common Black Application                                               | <a href="http://www.eduinonline.com/eduweb/apply.htm">http://www.eduinonline.com/eduweb/apply.htm</a>                             |
| Scholarship List by Categories                                                | <a href="http://scholarships.fatomei.com/minorities.html">http://scholarships.fatomei.com/minorities.html</a>                     |
| Minority Scholarships                                                         | <a href="http://www.straightforwardmedia.com/minority/form.php">http://www.straightforwardmedia.com/minority/form.php</a>         |
| Ronald McDonald House Charities Scholarship                                   | <a href="http://www.rmhc.com/scholarships#available">http://www.rmhc.com/scholarships#available</a>                               |
| Stewardship Foundation                                                        | <a href="http://stewardshipfoundationonline.org/">http://stewardshipfoundationonline.org/</a>                                     |
| Rashawn Brazell Scholarship for youth in New York City                        | <a href="http://www.rashawnbrazell.com">www.rashawnbrazell.com</a>                                                                |
| <b>Resources for Foster Youth</b>                                             |                                                                                                                                   |
| Youth in Progress Resource Guide                                              | <a href="http://www.youthinprogress.org/">http://www.youthinprogress.org/</a>                                                     |
| NYS Handbook for Youth in Foster Care                                         | <a href="http://www.nysccc.org/FCYouth/Handbook-Jan-2007.pdf">http://www.nysccc.org/FCYouth/Handbook-Jan-2007.pdf</a>             |
| You are Not Alone: Handbook for Youth aging out of foster care                | <a href="http://www.lawyersforchildren.org/siteFiles/Aging_Out.pdf">http://www.lawyersforchildren.org/siteFiles/Aging_Out.pdf</a> |

## Internet Resources Continued

|                                                     |                                                                                                                                                     |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Orphan Foundation of America (OFA)                  | <a href="http://orphan.org">http://orphan.org</a>                                                                                                   |
| NYC Teen and Represent Magazine                     | <a href="http://www.youthcomm.org/Publications/FCYU.htm">http://www.youthcomm.org/Publications/FCYU.htm</a>                                         |
| Articles about college life written by foster youth | <a href="http://www.nysccc.org/FCYouth/fcyouthdir.htm">http://www.nysccc.org/FCYouth/fcyouthdir.htm</a>                                             |
| National Network for Foster Youth                   | <a href="http://www.fyi3.com/">http://www.fyi3.com/</a>                                                                                             |
| National Independent Living Association             | <a href="http://www.nilausa.org/youthn.htm">http://www.nilausa.org/youthn.htm</a>                                                                   |
| Foster Care Alumni of America                       | <a href="http://www.fostercarealumni.org">http://www.fostercarealumni.org</a>                                                                       |
| Teen Central                                        | <a href="http://www.teencentral.net/">http://www.teencentral.net/</a>                                                                               |
| National Runaway Switchboard                        | <a href="http://www.1800runaway.org">http://www.1800runaway.org</a>                                                                                 |
| Casey Life Skills                                   | <a href="http://www.caseylifeskills.org">http://www.caseylifeskills.org</a>                                                                         |
| It's my Life                                        | <a href="http://www.casey.org/Resources/Publications/ItsMyLifeFramework.htm">http://www.casey.org/Resources/Publications/ItsMyLifeFramework.htm</a> |

# College Terms 101

There are many unique terms that colleges and universities can use to describe important processes. This is a list of commonly used terms and their definitions.

## Application Options

### Early Decision

Some colleges offer students the option to apply to his/her first choice early. *If a student is accepted for an early decision deadline, the student agrees by contract to enter that college and to withdraw all other applications from other colleges.*

Early decision deadlines are generally in November with a decision mailed to the applicant in December. This is generally best for students who have very strong grades and are very likely to be accepted into the school to which they are applying. If you are interested in applying for early decision, please make sure to read the early decision policy for individual schools.

### Early Action

This is also an application system that allows students to apply to their schools extremely early within the school year. *If a student is accepted for an early action deadline, the student is still able to apply to other schools and generally has until the spring to make his/her final decision.* If you are interested in applying for early action, please make sure to read the early action policy for individual schools.

### Rolling Admissions

In this process, the admissions office will review an application as soon as possible after the applicant has completed his/her application. Decisions are generally mailed out within a few weeks after they are made. If applying to a rolling admissions process, students should ask about preferential dates and are encouraged to send their completed application earlier rather than later. If accepted for rolling admissions, there is no implied commitment on the part of the student to attend.

## Degree Options

### Associate's Degree

These degrees are offered by 2- year schools.

AA: Associate of Arts

AS: Associate of Science

AAS: Associate of Applied Science

AFA: Associate of Fine Arts

### Bachelor's Degree

These degrees are earned in a specific subject area and offered by 4-year schools.

BA: Bachelor of Arts

BS: Bachelor of Science

BFA: Bachelor of Fine Arts

## College Terms 101 Continued

### Professional Degrees

These degrees are earned after achieving a bachelor's degree to demonstrate advanced specialization in a specific area. Some examples are Master's degrees, Medical Doctor degrees, Law degrees, and Academic Doctoral degrees.

## Financial Aid

### Higher Education Services Corporation (HESC)

|             |              |
|-------------|--------------|
| Downstate   | 718-487-4185 |
| Western     | 315-789-5791 |
| Albany Area | 518-408-4803 |
| Northern    | 518-474-3986 |

### Free Application for Federal Student Aid (FAFSA)

This is the online application to apply for federal aid either grants, loans or work study. A local district budget letter that includes the youth's yearly stipend should accompany the FAFSA application instead of the parent's income tax forms. The following are the different types of financial aid.

## Grants

These are awarded on a basis of need. Grants do not need to be repaid.

### Types of Grants

#### Educational Training Voucher (ETV)

ETV offers funds to youth in care and former youth in care to allow them to attend colleges or vocational training programs. Visit [www.statevoucher.org](http://www.statevoucher.org) for application information.

#### Federal Pell Grant

This grant is based on financial need to help undergraduates pay for their education. It is an "entitlement" program, which means that if eligible, the student must receive the grant regardless of the school that he/she attends.

#### Federal Supplemental Education Opportunity Grant (SEOG)

This grant is given based on financial need with priority given to Pell Grant recipients.

#### School Grants

Individual colleges may offer grants to their students. The application requirements will depend on the guidelines set by the college, so be sure to ask about grant options when talking to financial aid representatives.

#### Tuition Assistance Program (TAP)

The New York State Tuition Assistance Program (TAP) is intended to help cover costs at New York Colleges. To apply for TAP, you must be a resident of New York State for twelve consecutive months prior to the term that you are applying for, and you must be eligible to attend a college in New York State. Visit [www.hesc.org](http://www.hesc.org) for application information.

## **College Terms 101 Continued**

### **Loans**

Loans must be repaid after graduation. Student loan programs generally offer low interest rates.

### **Types of Loans**

#### **Federal Perkins Loan**

This is a low interest, federally funded loan program. It is administered by the school and based on financial need. While in school the interest on the loan is paid by the federal government. Once you graduate or leave school, you have a 6 month grace period before you start to repay this loan.

#### **Federal Subsidized and Unsubsidized Loans**

The Federal Stafford Loan is a low-interest loan made to students who demonstrate financial need. The school determines loan eligibility and the loan may be made through a lender. While in school the loan may be subsidized, meaning that interest is paid by the government while the student is in school, or unsubsidized meaning that the student is responsible for the interest on the loan.

### **Scholarships**

These are awarded on the basis of need and/or achievement. Schools or outside organizations can offer scholarships. Scholarships do not need to be repaid.

### **Work-Study**

This is a type of financial aid package offers students who qualify, an opportunity to work on campus and be paid for their work.

## **Standardized Tests**

### **ACT**

The American College Testing (ACT) Assessment is a testing alternative to the SAT. The ACT tests English, Mathematics, Reading, and Science Reasoning. Although SAT tests are required for entry into most colleges, many colleges accept the ACT as alternative criteria for admission. Be sure to ask colleges if they accept ACT scores.

### **PSAT/NMSQT**

The Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test is a two-hour exam testing verbal and mathematics questions. This test may be taken by sophomores or juniors, and if a junior scores exceptionally high he/she is considered for the National Merit Scholarships. The PSAT/NMSQT should be taken in preparation for the SAT and is given in the early fall.

## **College Terms 101 Continued**

### **SAT**

The SAT tests critical reading, mathematics and writing skills. Calculators are permitted for the mathematics section. These scores are generally used as criteria for admission to college and also for placement into classes. The SAT can be taken multiple times and colleges will consider your highest scores when making their decision. Be sure to speak to your school counselor about fee waivers and also disability accommodations.

### **SAT Subject Test (SAT IIs)**

This test measures knowledge in specific subject areas and may be required for admission into specialized programs. Check with individual colleges regarding admission requirements.

### **TOEFL**

Test of English as a Foreign Language (TOEFL) is for students whose native language is a language other than English and who have received low verbal scores on the PSAT or SAT. These students should consider taking the TOEFL. Check with individual colleges regarding admission requirements.

# College Preparation Timeline

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Here are some ideas from the National Association for College Admission Counseling and Collegeboard.com, to keep you on track while preparing for college.

## Middle School 7<sup>th</sup> Grade

- \_\_\_\_\_ Start researching high schools that you might want to attend.
- \_\_\_\_\_ Talk to your school counselor about options for high school.
- \_\_\_\_\_ Study hard and get good grades!
- \_\_\_\_\_ Use the internet to research some careers that might interest you.
- \_\_\_\_\_ Participate in extra-curricular activities.
- \_\_\_\_\_ Do volunteer work.
- \_\_\_\_\_ For the summer, look for a job or internship that interest you.
- \_\_\_\_\_ Consider enrolling in a Middle School enrichment program.
- \_\_\_\_\_ Make sure to read in the summer to enhance your vocabulary.

## Middle School 8<sup>th</sup> Grade

- \_\_\_\_\_ Take the test for specialized high schools if you are interested in attending one of them.
- \_\_\_\_\_ Talk to your school counselor about the high school application process.
- \_\_\_\_\_ Continue to research careers that interest you.
- \_\_\_\_\_ Ask about education requirements for careers that interest you.
- \_\_\_\_\_ Consider enrolling in a middle school enrichment program.
- \_\_\_\_\_ Study hard and get good grades!
- \_\_\_\_\_ Participate in extra-curricular activities.
- \_\_\_\_\_ Do volunteer work.
- \_\_\_\_\_ For the summer, look for a job or internship that interest you.
- \_\_\_\_\_ Ask your school counselor if you are eligible to take any Regents.

## College Preparation Timeline Continued

### 9<sup>th</sup> Grade Freshman Year of High School

- \_\_\_\_\_ Meet with your school counselor to discuss your schedule.
- \_\_\_\_\_ Ensure that you are taking enough classes to graduate on time.
- \_\_\_\_\_ Study hard and get good grades!
- \_\_\_\_\_ Research some careers that might interest you.
- \_\_\_\_\_ Talk to people who have attended college or are currently attending college.
- \_\_\_\_\_ Join extracurricular activities or do volunteer work to enhance your application and improve your chances of getting scholarships.
- \_\_\_\_\_ For the summer, look for a job, internship, or college prep program that interests you.

### 10<sup>th</sup> Grade Sophomore Year of High School

- \_\_\_\_\_ When school begins, talk to your school counselor about taking the PSAT.
- \_\_\_\_\_ Take the PSAT in the fall.
- \_\_\_\_\_ Read your PSAT score report and talk to your counselor about things you can do to improve your score.
- \_\_\_\_\_ Attend college fairs in the fall.
- \_\_\_\_\_ Make a list of colleges that you like and find out if they offer programs for careers that interest you.
- \_\_\_\_\_ Research the admissions requirements for colleges that you like, and talk to your school counselor to make sure you meet the admissions requirements.
- \_\_\_\_\_ Study hard and get good grades!
- \_\_\_\_\_ Participate in extracurricular activities or do volunteer work to enhance your application and improve your chances of getting scholarships.
- \_\_\_\_\_ For the summer, look for a job, internship, or a college prep program.
- \_\_\_\_\_ Make sure to read in the summer to enhance your vocabulary.

## College Preparation Timeline Continued

### 11<sup>th</sup> Grade Junior Year of High School

- \_\_\_\_\_ When school begins, talk to your school counselor about taking the PSAT again.
- \_\_\_\_\_ Make sure that you have your social security number. You will need it on college applications.
- \_\_\_\_\_ Attend College fairs in the fall and get literature about the schools on your list.
- \_\_\_\_\_ Take the PSAT in the fall.
- \_\_\_\_\_ Enroll in an SAT prep program, or take SAT review classes. Concentrate on the areas that show you need improvement from your PSAT score report.
- \_\_\_\_\_ Sign up to take the ACT and SAT in the early spring. Talk to your school counselor about fee waivers for these tests.
- \_\_\_\_\_ Take the SAT and ACT in the early spring.
- \_\_\_\_\_ Compare your SAT/ACT scores to the admissions requirements of colleges that you are interested in attending.
- \_\_\_\_\_ Take your list of schools and divide it into “Reach”, “Target”, and “Safety” schools:
- \_\_\_\_\_ “Reach Schools” are colleges that you would like to go to but have admissions criteria (SAT scores, Grade Point Average) that are *slightly* above your current scores and grades.
- \_\_\_\_\_ “Target Schools” are colleges that you would like to go to and have admissions criteria (SAT scores, Grade Point Average) that are similar to your current scores and grades.
- \_\_\_\_\_ “Safety Schools” are colleges that you would like to go to and have admissions criteria (Sat scores, Grade Point Average) that are lower than your current scores and grades.
- \_\_\_\_\_ Meet with your school counselor to discuss your lists and how you can improve your chances of getting into the college of your choice. Cross off any schools that no longer interest you, but keep at least two schools in each category.
- \_\_\_\_\_ Visit the colleges on your lists and ask to sit in on a class at each school.
- \_\_\_\_\_ Research costs for the schools you are interested in, and start to look for scholarships, grants, and financial aid options that can help you to pay for your education.
- \_\_\_\_\_ Study hard and get good grades!
- \_\_\_\_\_ Take an SAT prep program, or SAT review classes over the summer. Concentrate on the areas that show you need improvement from your SAT score report.
- \_\_\_\_\_ Participate in extra-curricular activities or do volunteer work to enhance your application and improve your chances of getting scholarships.
- \_\_\_\_\_ For the summer, look for a job, internship, or a college prep program.

## College Preparation Timeline Continued

### 12<sup>th</sup> Grade Senior Year of High School

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- When school begins, talk to your school counselor about taking the SAT and ACT again. Ask about fee waivers for these tests.
- 
- Make sure that you have your social security number. You will need it on college applications.
- 
- Research the application process and admission dates for the schools that you are interested in attending.
- 
- In September, ask people to write letters of recommendation for you. Consider asking teachers, your counselor, or people that have supervised you during work, volunteering, or extra-curricular activities.
- 
- Write your essays if they are required for your applications. Ask your teachers or counselor to read your essays and make suggestions on how you can revise them.
- 
- Begin filling out your college applications according to their deadlines. Be sure to read them over and check for typos before sending them to colleges.
- 
- Enroll in a SAT prep program, or take SAT review classes.
- 
- Sign up to take the ACT and SAT in October or November.
- 
- Take the ACT and SAT in October or November.
- 
- Compare your SAT/ACT scores to the admissions requirements to colleges that you are interested in attending.
- 
- Narrow down your list to the final colleges that you would like to apply to based on admissions standards and your college visits.
- 
- After taking your SAT/ACT, send your completed application, application fee (if required), SAT/ACT scores, high school transcripts (ask your school counselor about these) and any required essays and recommendation letters.
- 
- In January, ask that your school counselor send your mid-year report to the schools that you have applied to.
- 
- In January, February, and March apply for financial aid. Be sure to fill out the FAFSA first and apply for scholarships or grants.
- 
- After receiving letters back from colleges, make a final decision on which college you would like to attend and send in the necessary paperwork to enroll in that school.
- 
- Keep studying! It is important to maintain good grades!
- 
- In June, ask that your school counselor send your final transcript to the college you will attend.

# College Application Checklist 1

| Application Checklist                                                                                                                    | School Name:    | Application Deadline: |
|------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-----------------------|
| Complete Application                                                                                                                     | Date completed: | Date completed:       |
| Test Scores sent to colleges (SAT, ACT, SAT Subject)                                                                                     | Date completed: | Date completed:       |
| High School Transcripts sent to colleges (ask your school counselor)                                                                     | Date completed: | Date completed:       |
| Completed and proofread Essay (If needed)                                                                                                | Date completed: | Date completed:       |
| Letters of Recommendation (If needed)                                                                                                    | Date completed: | Date completed:       |
| Application Fee or Fee Waiver (If eligible)                                                                                              | Date completed: | Date completed:       |
| Made Copies of Application and Materials (Do not open materials that need to be sealed such as transcripts or letters of recommendation) | Date completed: | Date completed:       |
| Send Application and all materials                                                                                                       | Date completed: | Date completed:       |
| High School Mid-year report sent to school (ask your school counselor)                                                                   | Date completed: | Date completed:       |
| Interview Arranged (If requested by school)                                                                                              | Date completed: | Date completed:       |
| Filled out FAFSA                                                                                                                         | Date completed: | Date completed:       |
| Applied for other types of financial aid (grants, scholarships, etc)                                                                     | Date completed: | Date completed:       |
| Received status letter from colleges                                                                                                     | Date completed: | Date completed:       |
| Received financial aware letter from colleges                                                                                            | Date completed: | Date completed:       |
| Choose which college you will attend                                                                                                     | Date completed: | Date completed:       |
| Notify colleges of decision                                                                                                              | Date completed: | Date completed:       |
| Send in paperwork/deposit requested by college                                                                                           | Date completed: | Date completed:       |
| Send final transcripts to college in June (ask your school counselor)                                                                    | Date completed: | Date completed:       |

# College Application Checklist 2

| Application Checklist                                                                                                                    | School Name:    | Application Deadline: |
|------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-----------------------|
| Completed Application                                                                                                                    | Date completed: | Date completed:       |
| Test Scores sent to colleges (SAT, ACT, SAT Subject)                                                                                     | Date completed: | Date completed:       |
| High School Transcripts sent to colleges (ask your school counselor)                                                                     | Date completed: | Date completed:       |
| Completed and proofread Essay (If needed)                                                                                                | Date completed: | Date completed:       |
| Letters of Recommendation (If needed)                                                                                                    | Date completed: | Date completed:       |
| Application Fee or Fee Waiver (If eligible)                                                                                              | Date completed: | Date completed:       |
| Make Copies of Application and Materials (Do not open materials that need to be sealed such as transcripts or letters of recommendation) | Date completed: | Date completed:       |
| Send Application and all materials                                                                                                       | Date completed: | Date completed:       |
| High School Mid-year report sent to school (ask your school counselor)                                                                   | Date completed: | Date completed:       |
| Interview Arranged (If requested by school)                                                                                              | Date completed: | Date completed:       |
| Fill out FAFSA                                                                                                                           | Date completed: | Date completed:       |
| Apply for other types of financial aid (grants, scholarships, etc)                                                                       | Date completed: | Date completed:       |
| Receive status letter from colleges                                                                                                      | Date completed: | Date completed:       |
| Receive financial aware letter from colleges                                                                                             | Date completed: | Date completed:       |
| Choose which college you will attend                                                                                                     | Date completed: | Date completed:       |
| Notify colleges of decision                                                                                                              | Date completed: | Date completed:       |
| Send in paperwork/deposit requested by college                                                                                           | Date completed: | Date completed:       |
| Send final transcripts to college in June (ask your school counselor)                                                                    | Date completed: | Date completed:       |

Notes: \_\_\_\_\_  
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