

OUR PROGRAM STAFF CAN HELP ANSWER QUESTIONS YOU MIGHT HAVE...

- What can I do to be prepared for the new baby?
- What if the relationship between me and my child's mother doesn't work out?
- How can I take an active role in my child's life?
- How can I play with my baby?
- What do I do if my baby won't stop crying?
- What resources are available in the community to help me in my time of need?



TO FIND A PROGRAM NEARYOU...

Visit our website at:

www.healthyfamiliesnewyork.org

Call or email:

NYS Office of Children and Family Services

Tina Williams at 518.402.6784

Tina.Williams@ocfs.state.ny.us



New York State Office of Children & Family Services

CapitalView Office Park
52 Washington Street
Rensselaer, NY 12144

Visit our website at:
www.ocfs.state.ny.us

To report child abuse and
maltreatment, call:
800.342.3720

For information on the Abandoned
Infant Protection Act, call:
866.505.SAFE (7233)

For child and adult safety, day care,
foster care, and adoption information,
call:
800.345.KIDS (5437)

For information on services for the
blind, call:
866.871.3000
866.871.6000 (TDD)

*"...promoting the well-being and
safety of our children, families,
and communities. ..."*



State of New York

Pursuant to the Americans with Disabilities Act, the New York
State Office of Children and Family Services will make this material
available in large print or on audiotape upon request.

Pub. 5078 (02/09)



healthy families
new york

FATHERHOOD SERVICES

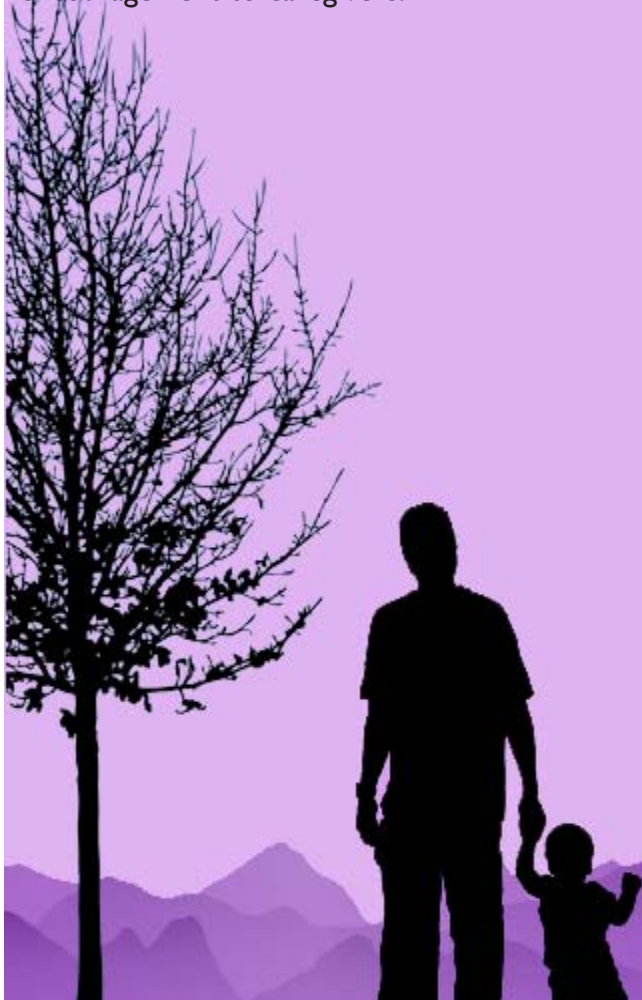
**MY FATHER WITH ME...
LOOK WHO I CAN BE!**



HEALTHY FAMILIES NEW YORK RECOGNIZES THE IMPORTANT ROLE DADS PLAY IN A CHILD'S LIFE

We define "Dad" as any man who is or wants to be actively involved in raising a child. This includes dads, stepdads, grandfathers, uncles, and non-custodial dads.

Healthy Families New York provides support and encouragement to caregivers.



DID YOU KNOW...

Children with a "Dad"...

- Have higher self-esteem
- Stay in school longer
- Are less likely to engage in delinquent behaviors

"Dads" raising children...

- Have better overall health
- Have better self-esteem
- Are more satisfied at work



WOULD YOU LIKE TO LEARN MORE ABOUT...

- Taking care of your unborn child/infant
- How to bond with your baby
- When to call the doctor
- How children grow and learn
- How to discipline your child
- How to be supportive to your child's mom
- How to deal with problems that stress your family
- Job training, education and employment
- Child support

OUR SUPPORT NETWORK OFFERS...

- A place for dads to learn about parenting and relationships
- Time for dads to play with kids and give mom a break
- A place for dads to connect and get support from other dads
- One-on-one support from a Family Support Worker or Fatherhood Advocate

You or someone you know could be eligible for this free program if:

- You are expecting a child or have a new baby
- You meet some simple guidelines

We have programs throughout New York State; all work with dads and some have specialized services just for dads.

